

FREE Take Me Home

Vol. 14, No. 39

From the Beaches to the River District downtown Fort Myers

OCTOBER 2, 2015

Model Railroad At Shell Point Opens For Season With New Upgrades

hell Point Retirement Community's Gulf Coast Model Railroad attraction opens for the season on Monday, October 5, with free tours on Monday, Wednesday and Friday afternoons from 1:30 to 3:30 p.m. through April. The train exhibit offers a unique look at notable sites throughout Florida, and is located on The Island at Shell Point, 15000 Shell Point Boulevard, Fort Myers.

The 40' x 40' model train display features several running trains and hundreds of



Shell Point's Gulf Coast Model Railroad offers a unique look at miniature sites throughout Florida

photos by Wendy Iverson/Shell Point Retirement

recognizable miniature geographic landmarks, such as Tallahassee's old capitol building, Pensacola freight yards, the Gainesville Gator Bowl, Walt Disney World, including Epcot, Kennedy Space Center with an orbiting space shuttle, the Everglades, the Sanibel Lighthouse, and even Shell Point Retirement Community.

The popular attraction closes for renovations and upgrades during the summer, conducted by Shell Point resident volunteers who work on model railroads as a hobby and want to share their interest with others. One new landmark to explore is Walt Disney's Magic Kingdom, which boasts a three-dimensional castle fit for a princess, complete with working lights and hand-painted bricks. Next, head over to the naval base in the continued on page 13

Kanzius Cancer Technology Takes New Turn

by Jim George

'slander John Kanzius developed a cancer treatment technology that consisted of targeting cancer cells with nanoparticles and then subjecting them to radio frequency which heated the nanoparticles and destroyed the cancer cells, leaving the surrounding healthy cells intact. That technology has been moving toward human trials for the past 10 years.

Kanzius died in 2009, but his idea lived on.

It was announced in the past month by lead researcher, Dr. Stephen Curley at the Baylor College of Medicine in Houston, Texas that human trials would begin at the National Cancer Institute's G. Pascale Foundation in Naples, Italy in the summer of 2016. Curley has overseen clinical trials in Italy on previous projects, in part because the country's regulatory process isn't as long as the United States' process.



Dr. Stephen Curley

Curley said in a new announcement, however, that the trials will not include the use of nanoparticles as originally planned. Instead, the Kanzius radio frequency generator device will be used in combination with traditional chemotherapy to treat patients with pancreatic cancer. Curley said their research has found that the Kanzius RF generator improves the ability to deliver the chemotherapy. Using nanoparticles would make the approval process much longer because nanoparticles are treated as a drug by the Food and Drug Administration and would require an additional FDA submittal. Curley added that they will use low doses of chemotherapy with the treatment to minimize side effects. In earlier studies with animals the use of nanoparticles dramatically reduced and often eliminated side effects caused by the harsh drugs used in chemotherapy.

Mechanical Juried Exhibition Opens October 2 At The Alliance



Scribbles & Bits Screwed by Guy Tieman

or its October juried exhibition, Mechanical, the Alliance for the Arts asked artists to create new works "Operated or produced by a mechanism or machine which relate to, are produced by, or dominated by physical forces." This simple definition provides a basis for submissions under a central theme while leaving a large amount of room for interpretation. What constitutes a machine, and what forces will be imposed upon them?

Mechanical opens with a reception on Friday, October 2 from 5 to 7 p.m. Awards will be announced for Best in Show with a prize of \$100, second place winning \$75, and third place winning \$50. The exhibit will be on display through October 31. Juror Jonas Stirner will host a gallery walk and talk on Saturday, October 3 at 10 a.m. Cosmic Clock by Dale Weber



On display in the Member Gallery will be art by Katherine Boren. The Theatre Lobby will display art by Mahrea Cramer Lehman.

The October Juried Exhibition will feature works by Amy Matsumoto Urich, Ándy Getch, Buck Ward, Carol Schmidt. Carolyn McGahey, Cheryl Fausel, Cindy Mecca, Dale Weber, David Hatchett, Del Holt, Guy Tieman, Jay Lana, Joan Benner, John Hutson, Kellen Beck Mills, KiKi Brewsaugh, Krista Johnson, Leo Johnson, Lily Hatchett, Louis Ford, Marilyn Graham, Mark Holman, Mark Poucher, Mark Wlaz, Mike Kiniry, Patricia Esposito, Patrick Conolly, Richard Evans, Samuel Sewall and Scott Parker.

Mechanical juror Jonas



Tara's Essence by Jay Lana

Stirner is a third generation metal artist. His father, a metal sculptor, was an art professor at Moore and Tyler College. They often work together critiquing each other's work. Jonas' father was recently honored by having a park named after him, the Karl Stirner Arts Trail in Easton, Pennsylvania. The work of Jonas Stirner defies logic, inspires change and accomplishes resolution.

Jonas worked with Robert Rauschenberg as an artist assistant for 15 years on Captiva Island. During that time, he had the opportunity to create his own sculpture on the grounds of Rauschenberg's compound. Rauschenberg became a major collector of Jonas's

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Historic Downtown Fort Myers, Then And Now:

Decades Of Restaurant History



by Gerri Reaves, PhD

his 1994 photo shows the interior of one of Fort Myers's most popular eating and meeting spots, the Snack House.

The restaurant once swept along the entire north side of the historic Post Office/Collier Arcade. The point-of-view is toward the front dining room (right center), with windows facing Broadway. Jesse Winford "Win" Ellis

opened the Snack House on Halloween in 1949. It had the distinction of being the first restaurant in town to be air-conditioned.

Pictured in 1994, the year after it closed, the Snack House stands vacant after 44 years in business

courtesy Library of Congress, photo by William C. Minarich

Former regulars say that it was a place where the town's real business took place over comfort

If you have fond memories of the restaurant, this photo of a deserted Snack House with no snack in sight might seem a little sad.

It had closed in 1993, one of the last businesses to vacate the L-shaped arcade in preparation for the demolition of the other wing that had an entrance on First Street.

That demolition subsequently allowed for the construction of a new federal courthouse. Today, a courtyard and part of the courthouse occupy the footprint of the destroyed arcade

The existing Broadway wing of the arcade was completed in 1925 and housed the post office as well as offices and businesses. The other wing was added the following year.

In 1933, the post office moved to what is now the Sidney & Berne Davis Art Center.

Barron G. Collier (the namesake of Collier County, among his many points of renown) bought it in 1934 and renamed it.

In the arcade's first quarter century, it housed everything from a shoe store, tea room and music store to an optometrist, barbershop and real estate office.

The arcade's original features, such as the rubble-random tile floor, make this one of downtown's most distinctive and beloved historic struc-

It retains the many original doors facing the arcade interior or opening onto Broadway. The doors are a reminder of how easily the spaces could be combined or split to accommodate tenants' needs throughout the decades - and still are.

In the 1990s, the arcade went through a vacant and quiet period after the demolition project, but by a couple of years into the 2000s, the arcade began to revive.

The area in the foreground of the 1994 photo became Ichiban Chinese & Japanese

A hair salon occupied the center portion, and an independent bookstore was located in the Broadway storefront.

Across from the bookstore, Bara Bread, a French bakery and bistro, opened and the arcade hummed with activity again.

Ichiban still occupies part of the former Snack House space, carrying on the tradition of being a good place to eat and socialize.



Ichiban Chinese & Japanese Cuisine is located in a section of the former Snack House space in the Post Office/Collier Arcade

photo by Gerri Reaves

Stroll through the 90-year-old arcade and appreciate its beauty and history.

Then, visit the nearby Southwest Florida Museum of History at 2031 Jackson Street to learn more about one of downtown's most long-lived and famous restaurant

Call 321-7430 for information, or go to museumofhistory.org. Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Continue your local-history adventure at the Southwest Florida Historical Society's research center at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

The all-volunteer non-profit organization is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 or visit swflhistoricalsociety.org for more information.

Sources: Archives of the Southwest Florida Historical

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Co-Publishers Lorin Arundel and Ken Rasi

Advertising Sales Isabel Rasi

George Beleslin

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Graphic Arts/Production

Ann Ziehl Kristy See Rachel Atkins **Photographer**

Michael Heider

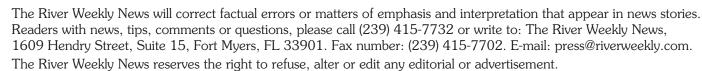
Writers

Gerri Reaves, Ph D Anne Mitchell Jeff Lysiak

Contributing Writers

Jennifer Basey Kimberley Berisford Suzy Cohen Ed Frank Jim George Shelley Greggs Tom Hall

Marion Hauser, MS, RD Ross Hauser, MD Audrey Krienen Capt. Matt Mitchell Patricia Molloy Di Saggau Cynthia A. Williams



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RECYCLED

Fort Myers Art:

Big Temptation



by Tom Hall

et outside the Arts Complex at Florida Gulf Coast University is a enamel painted aluminum sculpture titled Big Temptation. The cartoon-like, colorfully patterned snake is the work

of Miami-based Brazilian pop artist Romero Britto, who gave the piece to FGCU after his retrospective in the Main Gallery in 2012. The snake is divided into nine sections by Britto's trademark black outlines. Among the patterns on the snake's skin are pink and white stripes and blue polka dots on a light blue background. Wearing a crown on its head, the serpent emits a sly look from its eyes and carries an apple on his back.

His Artwork

Romero Britto is a Miami-based Brazilian-born artist who combines elements of Cubism, pop art and graffiti painting to create sculptures and canvases that express hope and happiness. Over the course of his career, he has developed a visual language to express his unabashed faith in the world around him that consists of pulsating colors, bold patterns, playful themes and an inventive use of his signature within the confines of his paintings. The New York Times

has written that his style "exudes warmth, optimism and love" and has playfully described his style as "Matisse chanelling Picasso by way of Hello Kitty." Clearly influenced by the likes of Picasso, Braque and Matisse, collector Nancy Guggenheim posits that "Chagall's floating lovers seem to foreshadow so many of Britto's buoyant exultant couples." But not everyone is a fan. "He's a brilliant marketer, not an artist," counters University of Miami art historian Paula Harper."

Britto counts a legion of celebs among the folks who collect his work, including Jennifer Lopez; Elton John; Emilio and Gloria Estefan; former presidents George Bush and Bill Clinton; the late Ted Kennedy; Whitney Houston; Arnold Schwarzeneger; Michael Jordan; Andre Agassi; the Guggenheim family; the Rothschilds; the Mitterands; and former Whitney Museum president, William Woodside. His work has been exhibited in more than 140 galleries on five continents, including the Salon de la Societe Nationale des Beaux Arts show at the Carrousel du Louvre in 2008 and 2010. In 2013, Maria Elena and Carlos Slim Domit made Britto the first living artist to exhibit at Museo Soumaya.

His museum exhibitions include:

- Carrousel du Louvre, Salon Nationale des Beaux-Arts
- Sonderausstellung der Kinder-Akademie Fulda, Germany
- Louvre Museum, Salle Le Norte Paris, France
 - Today Art Museum Beijing, China
- Sichuan Arts Museum Chengdu, China
 - Museum of Lu Xun Art Academy



Big Temptation by Miami-based Brazilian-born pop artist Romero Britto is made from hand-forged aluminum. It is located outside of the Arts Complex at FGCU.

Shenyang, China

- Museum of Guanghou Art Academy Guangzhou, China
- Museum of Contemporary Art/ MOCA Shanghai, China
- Maison de Imerique Latine de Monaco- Monaco
- Boca Raton Museum of Art Boca Raton, Florida
- Coral Springs Museum of Art Coral Springs, Florida
- Fine Arts Museum of Long Island Hempstead, New York

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Members of the Fort Myers Metro-McGregor Kiwanis prepared a meal for the families at the Ronald McDonald House in Fort Myers. From left is Todd Adams, Barbara Hartman and Barbara Segel.

Metro-McGregor Kiwanis Prepare Meal For Ronald McDonald House

embers of the Fort Myers Metro-McGregor Kiwanis Club recently prepared meals on two different evenings for the families at the Ronald McDonald House in Fort Myers.

The Ronald McDonald House is a "home-away-from-home" for families with children receiving medical treatment at the Golisano Children's Hospital of Southwest Florida. Services are provided at little or no cost so families can stay together, helping



Members of the Fort Myers Metro-McGregor Kiwanis take a break from cooking to pose at the Ronald McDonald House in Fort Myers

their children heal faster.

The Fort Myers Metro-McGregor Kiwanis also donated pull-tabs collected by the Littleton Elementary School K-Kids, which is a service leadership group sponsored by Kiwanis for students age 6 to 12. Pull-tabs are pure aluminum and are sold as scrap to raise money for the Ronald McDonald House. In past years, Ronald McDonald House Charities of Southwest Florida has raised close to \$5,000 annually in pull-tab collections.

The mission of Ronald McDonald House Charities of Southwest Florida is to create, find and support programs that directly improve the health and well-being of children throughout Southwest Florida. Ronald McDonald House Charities of Southwest Florida supports The Ronald McDonald House, The Ronald McDonald Care Mobile, grants and scholarship programs. For more information, visit www.rmhcswfl.org.

The Metro-McGregor Kiwanis Club is looking for more service-minded individuals and business professionals who would like to make a direct impact on the community through volunteering. Meetings are held every Tuesday at 11:30 a.m. in Fort Myers. For details on joining the Metro-McGregor Kiwanis Club, contact club president Diane Connell at 443-9337 or deconnell0913@gmail.com. The Metro-McGregor Kiwanis Club can be found on Facebook or online at www.metro-mcgregor.com.

Fleet Is Filled With Nearly 55,000 Pounds Of Food In Lee County



The September 20 Fill Our Fleet event

photos courtesy of Harry Chapin Food Bank

he Lee County community rallied to the call to fight hunger by donating nearly 55,000 pounds of food on September 20 at the 7th annual Fill Our Fleet food drive to benefit the Harry Chapin Food Bank of Southwest Florida. Donations of about \$7,080 in cash and checks were also received.

Publix Supermarkets, LeeTran and the food bank teamed up to hold the five-hour, single-day event at 34 Lee County Publix store locations.

A LeeTran bus was waiting at each of 20 Publix locations and vehicles from some of our food bank partner agencies manned the other 14 Publix sites. Shoppers could choose from several staple food items the food bank uses most, like peanut butter and jelly, tuna, cereal, macaroni and cheese, soup, etc.

LeeTran had 112 volunteers on hand to greet customers, hand out flyers, accept

their donations and load them into the buses. Harry Chapin Food Bank had 31 volunteers unloading food items at the food bank's warehouse on a sweltering summer afternoon.

September was National Hunger Action Month. It is also a critical month for the more than 150 nonprofit partner agencies that receive donated items

from the Harry Chapin Food Bank. Many food pantries find their shelves empty in September, since donations from spring food drives have been depleted and holiday donations are not yet coming in.

event

The Harry Chapin Food Bank solicits, collects and distributes quality food to families in need through its network of nonprofit agencies in Lee, Collier, Hendry, Charlotte and Glades counties. These partner agencies operate food pantries, soup kitchens and other feeding programs that serve 30,000 Southwest Floridians each

The food bank can distribute \$6 worth of food and grocery items for each donated dollar. The food bank provides more than one million pounds of food every month to our partner agencies. During the 2014-15 fiscal year, the food bank distributed 18.4 million pounds of food and other grocery



Nearly 55,000 pounds of food was collected at the Fill Our Fleet

Volunteers working the Fill Our Fleet event

items, valued at \$31.3 million. This was the equivalent of 15.3 million meals to people in need.

Children and seniors make up 50 percent of the people the food bank serves. Other groups include underemployed clients, single-parent and other low-income families, children and seniors. The food comes from growers, food manufacturers, grocery retailers, community food drives and distribution centers.

The food bank's goal is to not only feed those in need, but to educate the public about the problem of hunger and to advocate for families facing hunger. The Harry Chapin Food Bank is recognized as a four-star organization by Charity Navigator, the national nonprofit watchdog organization.

For additional information about the Harry Chapin Food Bank, call 334-7007. To learn how to help by donating or volunteering, visit www.harrychapinfoodbank.org.

Garden Council Holds Open Houses

he public is invited to attend open houses at The Berne Davis Botanical

Garden on Tuesdays beginning on October 6 and running through May.

Myers, adjacent to the Edison home, will be open from 10 a.m. to 1 p.m. each

Admission and parking are both free. The garden is the home of the Lorelei

statue that was recently part of the old Fort Myers Library as well as the Mina Edison Botanical Library. Many of the displays in the garden have been provided through the

talents and contributions of the 19 local garden clubs, nine plant societies, and other

The Fort Myers-Lee County Garden Council was formed in 1957 and now com-

prises various clubs, societies, and affiliate members in the area. Membership provides an opportunity to learn about floral design, growing plants suitable for our locale, and

For additional information about the Fort Myers-Lee County Garden Council, con-

tact president Kay Holloway at 332-0294 or fmlcgcpresk@gmail.com.

week. The garden is a project of the Fort Myers-Lee County Garden Council,

whose headquarters are at the Virginia Avenue address.

affiliates which comprise the Garden Council.

conservation methods.

The Berne Davis Botanical Garden, located at 2166 Virginia Avenue in Fort

Lee County Tax Collector's Community Education

Tax Collector Services

Join the Lee County Tax Collector's office at one of our community education seminars being offered this fall. Hear from agency experts, gather information, and join in questions & answers.

TOPICS WILL INCLUDE:

- Real Property Taxes
- Driver License
- Vehicle Registration
- Concealed Weapons License
- Information about our website, online transactions and the best times to visit our offices when

DATES AND LOCATIONS

10:00am-11:30am Thursday, September 24 Fort Myers Regional Library 2450 First Street Wednesday, October 14 10:00am-11:30am East County Regional Library 881 Gunnery Road N Tuesday, October 27 12:00 pm-1:30pm Bonita Springs Public Library 26876 Pine Ave Wednesday, November 4 10:00am-11:30am Lakes Regional Library 15290 Bass Road 10:00am-11:30am Monday, November 16 Cape Coral Library 921 SW 39th Terrace

2480 Thompson Street Fort Myers, Florida Phone:239.533.6000



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Edison Ford's Holiday Nights runs from November 7 to January 3

Association Names Edison Ford's Holiday Nights Among Best Events

The American Bus Association (ABA) announced recently that it has designated the Edison Ford's Holiday Nights – to be held from November 27 through January 3 – as one of the Top 100 Events in North America for 2016. Edison Ford Holiday Nights has been featured in the September/October issue of *Destinations* magazine, noting that Edison Ford's Holiday Nights offers excellent entertainment value to both tour groups and individual travelers from around the world.

With the release of the American Bus Association's 2016 Top 100 Events in North America, ABA celebrates 34 years of the program. What began as a way for motor-coach operators to incorporate new product into their itineraries has grown to one of the most sought-after lists by travel professionals, motorcoach operators and the general public

"The attractiveness of Edison Ford's Holiday Nights as a don't-miss entertainment value is only part of why its selection this year is such a distinction for Edison & Ford Winter Estates," said Peter J. Pantuso, CTIS, ABA's president and CEO. "The real news here is that Edison Ford's Holiday Nights has been recognized as a potential magnet for tourism dollars, at a time when reenergizing domestic tourism is so important to our spirit and our economy. The honor gives Edison & Ford Winter Estates an important boost in visibility among professional tour planners."

The Edison & Ford Winter Estates is honored to be selected as an ABA Top 100



Wade Discuillo

photo by U.S. Navy Mass Communication Specialist 3rd Class Justin R. DiNiro/ Released

Area Naval Officer Serves On USS Normandy

In the photo above, Boatswain's Mate 2nd Class Wade Discuillo, a resident of Fort Myers, prepares to enter the water during a search and rescue exercise aboard the guided-missile cruiser USS Normandy (CG 60). Normandy is

deployed to the U.S. 5th Fleet area of operations as part of Theodore Roosevelt Carrier Strike Group supporting Operation Inherent Resolve, strike operations in Iraq and Syria as directed, conducting maritime security operations and theater security cooperation efforts in the region.

Thank you very much for your support of the men and women in U.S. Navy, deployed around the clock and ready to protect and defend America on the world's oceans.



Holiday Nights at the Edison Ford returns for the 40th year

Event," added Chris Pendleton, president and CEO of Edison Ford. "This will be the 40th year for Holiday Nights and is a must-see tradition in Southwest Florida. During the holidays, the homes and gardens of Thomas and Mina Edison and Henry and Clara Ford are decorated for the holidays. Visitors will also enjoy nightly entertainment, visits from Santa on select evenings, and new this year – specialty-themed rooms. Groups of all ages will enjoy a self-guided tour or a site historian led tour. During the event, the Edison Ford is open until 9 p.m. throughout the month of December."

According to studies completed by researchers at Dunham and Associates, one overnight visit by a motorcoach group can leave up to \$25,000 in a local destination's economy. Those dollars are spent on lodging, meals, admissions, fees, shopping, souvenirs, services and local taxes.

"Tour groups spend more and stay longer," Pantuso said. "That's why Edison Ford's Holiday Nights is truly a local economic asset. There is no better way to jump-start tourism than to attract motorcoach groups to a great event and convince them to extend their stay."

ABA's 2016 Top 100 Events Selection Committee selected Holiday Nights from hundreds of event nominations submitted by ABA members. Judges considered the event's broad appeal, its accessibility to motor coaches and skill at handling large groups, and a variety of other relevant criteria.

The Top 100 Events list is available online at www.buses.org/Top100. For additional information, call 334-7419 or visit www.edisonfordwinterestates.org. The estates are located at 2350 McGregor Blvd. in Fort Myers.

From page 1

Cancer Technology

Nanoparticles research will continue on the use of nanoparticles in the treatment, Curley said.

Curley's research was recently supported with a three-year, \$9 million grant from NeoTherma Oncology, a Kansas-based company created in April to bring the Kanzius device to the global market. NeoTherma now owns the rights to the device's patents, which were completed by the late John Kanzius and later owned by AkesoGenX, a Colorado-based company. Curley said the RF device is currently being built by RBC Corporation of Kansas City, which has been supporting the development of commercial medical devices since 1994 and has the ability to obtain FDA approval. The new devices are sized to accommodate human subjects. RBC currently has four such devices under construction.

"NeoTherma Oncology is a startup designed to support development and testing of the Kanzius technology," Dr. Curley said. "A big investment group formed it and is funding the push into human clinical trials."

Dr. Curley serves as NeoTherma's chief scientific consultant.

When and if human trials in Italy are successful, Lee Memorial Hospital is one of five designated sites in the United States to conduct human trials here.







Scene from Second Chances

A scene from Off Broadway Palm's production of Second Chances: The Thrift Shop Musical

Off Broadway Palm Stages Thrift Shop-Inspired Musical

The Off Broadway Palm Theatre presents Second Chances: The Thrift Shop Musical, playing now through November 7. This funny, yet touching, comedy is written by Broadway Palm's founder, Tom Ross Prather, and is making its debut on The Off Broadway Palm stage.

This all-new musical comedy takes you on a journey through a poignant – and hilarious – year of operation at the Palm Coast Community Church Thrift Shop. Throughout the year, you'll meet an eclectic cast of characters and find it's not just old treasures at the shop that are getting second chances. The cast of Broadway Palm veterans includes Adam Clough, Rendell DeBose, ML Graham, Victor and Kelly Legarreta, Caitlin Newman, Megan Orlowski, Katie Pankow, Christopher Russell and Jerry Sciarro.

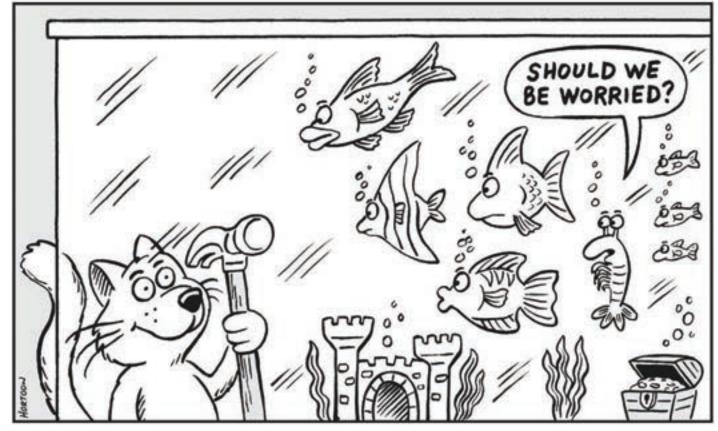
Second Chances: The Thrift Shop Musical has been "marinating" in Tom's mind since he helped open the Iona Hope Episcopal Church Thrift Shop in 2005.

"All of the characters are there for a 'Cheers' TV show type of play. The church volunteers have their stories and interactions. There are always new shoppers and donations entering in rapid succession. The donations, and the characters, are all looking for a second chance," said Prather.



Cast of Second Chances: The Thrift Shop Musical

HORTOONS



In collaboration with Second Chances, Broadway Palm's Art Gallery will feature works from various thrift shops throughout Southwest Florida. The art is for sale through Broadway Palm's gift shop and all proceeds will go directly back to the individual organization. The organizations involved include All Souls Episcopal Church Thrift Store, Cape Community Partners Thrift Store, Community Thrift Store, Goodwill Industries of Southwest Florida, Harmony Thrift Store, Iona Hope's One More Time, Kiwanis Thrift Shop, Second Act Thrift Store and Second Chances Upscale Resale.

Second Chances: The Thrift Shop Musical will be at The Off Broadway Palm Theatre through November 7. The Off Broadway Palm Theatre is an intimate 100-seat theatre, located in the main lobby of Broadway Palm Dinner Theatre. With no seat further than 25 feet away from the stage, you become part of the show. Performances are Wednesday through Sunday evenings with selected matinees. Ticket prices range from \$33 to \$53, with group discounts available for parties of 20 or more. Tickets are now on sale and can be reserved by calling 278-4422, by visiting www. BroadwayPalm.com or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers.☆

Heart Of The Community Extravaganza

n Friday, October 16, Southwest Airlines, Lee County and City of Fort Myers officials will unveil the Heart of the Community placemaking grant enhancements to the Cornog Plaza on the campus of the Fort Myers Regional Library during a news conference at 2 p.m. The news conference kicks off the Heart of the Community Extravaganza, which will include a costume swap, Scary-oke Sing-off, treat bag craft, a stilt walker, balloon-tying and sweet treats provided by Southwest Airlines. Festivities wind down at 5 p.m. Costumes and blankets or lawn chairs are suggested. The Cornog Plaza is located at 2450 First Street in Fort Myers.

Families can go green this Halloween by swapping their gently used Halloween costumes and accessories. Beginning October 1 costume donations will be accepted at Library Administration, 2345 Union Street in Fort Myers. A token will be exchanged for each donated costume or accessory. Those with a swap token will be invited to "shop" first during the Extravaganza on October 16 from 2-3 p.m. Those without a token may start shopping at 3 p.m. and all unclaimed

costumes will be donated. The Scaryoke Sing-Off is Karaoke in not-so-scary costumes and begins at 3 p.m. The costumes and performances will be a frighteningly good time.

"We are excited to share these amenities with the public," said Sheldon Kaye, Lee County Library System Director. The amenities are just part of Southwest Airlines' Heart of the Community enhancements. The programming will occur throughout the year.

Southwest Airlines provided a \$50,000 grant to the Lee County Library System to transform the Cornog Plaza into an interactive space through a combination of expanded amenities and family-oriented programs. The Library System worked with the community to determine a clear vision and programming platform for the space. New amenities provided by the grant include: oyster canopy, giant bean bags chairs, rocking chairs, colorful tables and chairs, large market umbrellas and game carts.. Additional funds will be spent on programming and an interactive piece for children.

Project for Public Spaces is a nonprofit planning, design and educational organization dedicated to helping people create and sustain public spaces that build stronger communities. Its pioneering Placemaking approach helps citizens transform their public spaces into vital places that highlight local assets, spur rejuvenation and serve common needs. PPS was founded in 1975 to apply and expand on the work of William (Holly) Whyte, the author of The Social Life of Small Urban Spaces. Since then, the organization has completed projects in over 3000 communities in 43 countries and all 50 U.S. states and are the premier center for best practices, information and resources on Placemaking.

For additional information, visit www.pps.org and www.pps.org/heart-of-the-community.

Gateway Kiwanis Club Installs 2015-16 Officers

iwanis Club of Fort Myers/ Gateway to the Islands recently held its installation banquet for the club's 2015-16 officers at Matanzas on the Bay on Fort Myers Beach. Awards were also given to club members for their support in service to the community.

The individuals taking office as of October 1 are Jack Liptak, club president; David Stauffer, secretary; Terry Luster, treasurer; and Gareth Hudson, past president. The 2015-16 Gateway to the Islands Kiwanis Club Board of Directors are Nancy Coker, Debbie Norris, Tina Parsons and Mary Poelker.

Jack Liptak, advisor with VIP Realty Group, and Gareth Hudson, owner of Hudson Consulting, each received the Walter Zeller Fellowship Award. This award is named for Zeller, who provided the seed money for the Kiwanis International Foundation. The Zeller award supports Project Eliminate, an international effort to eliminate maternal



Lisa Rizzio, Kiwanian of the Year, with club president Gary Hudson

and neonatal tetanus.

Member Lisa Rizzio was named GTTI's Kiwanian of the Year. Rizzio is Development Director for the Children's Advocacy Center of Southwest Florida. A club member since spring of 2014, she handles the club's media relations efforts and writes the club newsletter.

Gateway to the Islands Kiwanis Club is Lee County's newest Kiwanis Club, having received its charter on September 9, 2008. It is comprised of professional women and men, working and retired, who generally work and/or live around the San Carlos Blvd./McGregor Blvd./Summerlin Road areas. The club mixes fun and fellowship while taking seriously the Kiwanis defining statement of improving the world one child and one community at a time. Meetings are held every Tuesday (except the second Tuesday board meeting) from 7:45 to 8:30 a.m. at First Watch on McGregor Blvd.

LCBA Presents Veterans, First Responders Legal Clinic

The Pro Bono Committee of the Lee County Bar Association (LCBA) invites veterans, active military personnel, police officers and firefighters to receive free legal advice at a Veterans and First Responders Legal Clinic, held from 10 a.m. to 2 p.m. on Saturday, October 3 at the Southwest Florida Military Museum and Library, 4820 Leonard Street in Cape Coral. Spearheaded by LCBA Secretary Kelly Fayer and sponsored by CONRIC PR & Marketing, the event is free of charge for attendees with valid identification, and no registration is required.

LCBA members will be joined by Florida Rural Legal Services staff attorneys to provide advice on matters including bankruptcy, landlord/tenant issues, estates and trust planning, real estate/property, family law, criminal and veterans' and social security benefits. In addition to legal advice, attendees will also have the opportunity to learn about the services provided by Invest in America's Veterans Foundation and Homes for Heroes, which will be on hand at the event.

"The Pro Bono Committee is interested in assisting the men and women who have given much in their service in the military and our community and who now need legal help," said LCBA Pro Bono Committee co-chair Anais Bimonte.

The Pro Bono Committee and the LCBA are grateful for the assistance of Invest in America's Veterans Foundation, which has graciously provided the use of the Southwest Florida Military Museum and Library for the event.

"Some veterans have claims to be filed on their behalf to increase their disability payments, some have divorce or domestic problems and some have criminal cases pending," said Invest in America's Veterans Foundation President Ralph Santillo.

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Located across from Gulf Harbour 15065 McGregor Blvd, Ste 104, Fort Myers Phone: 239.267.9000 • Fax: 239.267.9300

Online: www.NaumannLawPA.com and www.RealtyClosings.com





Along The River



On Friday, Art Walk returns to downtown Fort Myers' historic River District

photo by Jamie Kuser

n Friday, October 2 from 6 to 10 p.m., Fort Myers Art Walk returns to downtown Fort Myers. The monthly event features new art exhibits and live artist demonstrations while providing a great atmosphere for shopping and dining. The Fort Myers Art Walk runs on the first Friday of every month (rain or shine) in the historic River District.

Art buyers and art enthusiasts can meet the local artists during the exhibit openings at most of the downtown galleries and art spaces. The downtown River District is home to more than ten art galleries and a handful of retail shops that sell local artworks. Art enthusiasts can "Meet the Artists" at most of the art galleries and enjoy the live art demonstrations throughout the River District!

For more information about Art Walk, call 337-5050 or go to www.fortmyersartwalk.com.

On Saturday, October 3 from 2 to 8 p.m., the second annual **Fort Myers Craft Beer Fest** returns to the Marina at Edison Ford. Following up on a successful first year, the festival returns with even more unique and different offerings.

The one-day festival will feature more than 80 craft beers from around the world and live musical performances. The festivities begin at 2 p.m. with entertainment by Hatley until 5 p.m., followed by the Blues Brothers Soul Band, a tribute show to the Blues Brothers from 5 to 8 p.m. New for this year will be Firkin tappings every hour. Firkins, a one-of-a-kind beer offering in authentic mini-kegs, will be tapped each hour and include brews from the participating craft beer participants including Cigar City Brewing, Fort Myers Brewing Company and Terrapin Brewing. Also new for the festival will be Randalling (beer infusing) of two specialty beers during the event. There will also be food from the award-winning Texas Tony's Rib House, corn hole challenges, river cruise offerings from Pure Fort Myers as well as offerings to stroll the historic Edison Ford Estates directly beside the Marina.

There is no admission charge. All-you-can-sample tickets are available for \$35 in advance and \$40 on the day of the festival. A limited number of VIP tickets are also available for \$50 which include an extra hour of sampling from 2 to 3 p.m., a limited edition mini beer stein sampling mug, and an exclusive Firkin tapping for VIP ticket holders during the extra hour of tasting. Tickets can be purchased at www.craftbeer-festfortmyers.com or in person at the Marina at Edison Ford.

Designated drivers will receive nonalcoholic drink tickets when registering at the main entrance. Cab service will be available on site throughout the event.

The Marina at Edison Ford is located at 2360 West First Street in downtown Fort Myers. For more information, visit www.craftbeerfestfortmyers.com.

On Monday, October 5, **TGIM: Thank God for Indie Mondays** returns to the Sidney & Berne Davis Art Center. Doors open for happy hour at 6:30 p.m. with pizza from Capone's and coffee from Bennett's. Films are presented at 7 p.m.

The popular TGIM film screening series will be held the first Monday of each month through February 1. It features short indie films being considered for the 6th annual Fort Myers Film Festival. Those in attendance will have a say in the Fort Myers Film Festival's April 7 to 10, 2016 programming.

The Sidney & Berne Davis Art Center is located at 2301 First Street, Fort Myers.

The Sidney & Berne Davis Art Center is located at 2301 First Street, Fort Myers. For more information about TGIM, call 333-1933 or go to www.fortmyersfilmfestival. com.

Fort Myers has a new farmers market. Florida SouthWestern State College (FSW) has partnered with Local Roots to bring a farmer's market to the campus. The market will be open every Saturday from 9 a.m. to 1 p.m. from October 3 to April 30, 2016. It will be located in the parking lot off the College Parkway entrance to the campus. More than 40 vendors are expected to participate.

Here's a list of seasonal and year-round **farmers markets** in the area: **Wednesday**: Health Park Farmers Market, Village Shoppes at Health Park,



Claudia Silveira, a professional beekeeper, sells her locally-produced honey at the Alliance's GreenMarket. Two farmers markets open this weekend for the season.

16200 Summerlin Road at the intersection of Bass Road. 10 a.m. to 3 p.m. (rain or shine). Local produce and citrus along with baked good and other eatables. It is open year-round. Call 470-9007 or email healthparkfarmersmarket@gmail.com.

Fenway South Farmers Market, 11500 Fenway South Drive, Fort Myers in front of JetBlue Park. 9 a.m. to 1 p.m. Fresh local produce, cheeses, fresh pastas, seafood, baked breads, meats, herbs, organic vegetables, ready-to-eat meals, plants, flowers, crafts, soaps, candles and other items. Parking is free. Call 226-4783 or go to www. buylocalee.com. Fenway South Farmers Market is open November 4 to March 30, 2016.

Thursday: River District Farmers Market, under the US 41 Caloosahatchee bridge. 7 a.m. to 1 p.m. Fruit, vegetables, local honey, bread, seafood, BBQ, flowers and plants. It is open year-round. Call 321-7100 or go to www.cityftmyers.com.

Friday: Lakes Park, 7330 Gladiolus Drive, Fort Myers. 9 a.m. to 1 p.m. Fruits, vegetables, breads, honey, soaps, jams and seafood. Call 533-7275 or go to www. buylocallee.com. Lakes Park Farmers Market is open October 2 through April 29, 2016

Fort Myers Beach Farmers Market, under the Matanzas Bridge between Second and Third Streets. 7:30 to 11:30 a.m., rain or shine. Fruits and vegetables, flowers, seafood, baked goods, snack foods and plants. Call 765-0202 or go to www. fortmyersbeachfl.gov. This season, Fort Myers Beach Farmers Market is open from November 6 to April 29, 2016.

Saturday: GreenMarket at Alliance of the Arts, 10091 McGregor Boulevard near the Colonial intersection. 9 a.m. to 1 p.m. An exclusive selection of locally grown, caught and cultivated foods and other products available to sample and purchase. Enjoy live entertainment by local musicians and fun activities for kids. It is open year-round. Call 939-2787 or go to warm artiples org

round. Call 939-2787 or go to www.artinlee.org.
Florida SouthWestern State College, 8099 College Parkway, Fort Myers. 9 a.m. to 1 p.m. Fresh organic foods and baked goods, BBQ ribs and smoked chicken, healthy smoothies, locally caught seafood, international and domestic cheeses, gluten-free treats, meals to go, handcrafted jewelry, pottery, wood products, soaps, essential oils and glass-fused art. Call 489-9061 or go to www.buylocalee.com. The grand opening for the FSW Market is October 3 and it runs to April 30, 2016.

Cape Coral Farmers Market in Club Square, downtown Cape Coral. 8 a.m. to 1 p.m. Locally grown produce, native plants, fresh Gulf seafood, live music/entertainment and informative community presentations. Call 549-6900 or go to www.capecoralfarmersmarket.com. Cape Coral's outdoor farmers market runs October 17 to May 14, 2016.

Sunday: Sanibel Island Farmers Market, 800 Dunlop Road (City Hall – next to the library). 8 a.m. to 1 p.m. until May. Call Crystal Mansell at 472-3700. The Sanibel Farmers Market is open October 4 to April 24, 2016.

North Fort Myers Civic Association Luncheon

Indiscovered Opportunities will be the theme for a business luncheon sponsored by The Shell Factory & Nature Park on October 9 at 11.30 am. Residents and business owners are invited to participate in the

luncheon devoted to a Renaissance Plan for the revitalization of North Fort Myers. Presented by The North Fort Myers Civic Association with keynote speakers Lee County Commissioner Brian Hamman and noted urban planner Greg Stuart. Mike Land, president of The North Fort Myers Civic Association, will lay out a future vision for the economic development of North Fort Myers.

Cost for the luncheon is \$10. RSVP

continued on page 9

FORT MYERS FARE

Dining From Downtown's Historic River District To The Beaches

For more information, check out our advertisers in this week's River Weekly

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 10 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991

ISLAND COW

Where can you go when you're in the moooood for some great cook'in, local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with french doors lead-



Family-owned and operated Ichiban, located in the River District, serves Chinese and Japanese cuisine. Stop in today for fresh sushi and sashimi.

Chinese and Japanese cuisine. Stop in today for fresh sushi and sashimi ing out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

SS HOOKERS

Get hooked on great cuisine and spirits at SS Hookers. The restaurant pays tribute to the rich history of Punta Rassa, the home of big game fishing. It serves American cuisine with a Cajun twist. Waterfront dining is available daily for breakfast, lunch and dinner.

After a triumphant day of fishing, bring your catch to the restaurant: "If you hook it, our chef will cook it."

A late night bar features live music nightly. A fresh seafood market, bait shop and gifts are also on site.

17501 Harbour Pointe Drive, Fort Myers. Call 466-4377.

From page 8

Civic Association Luncheon

by October 1 by calling 995-2341, ext. 117 or email tc.shellfactory@hotmail.com.

The Shell Factory is located four miles North of the Caloosahatchee on U.S. 41. You can also visit the website at www.shellfactory.com or on Facebook.



Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)

2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org
ALL SAINTS BYZANTINE

RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of

Interstate 75.
ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation.fl.goarch.org, 481-2099
BETH SHILOH MESSIANIC
SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m. CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@ chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday
Kabbalah class 9 a.m.; Shacharit 10 a.m.;
Kiddush at noon. Minyan Monday and Thursday 7 a.m.
CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverendt Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH 1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas

Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: www.taecc.com
COVENANT PRESBYTERIAN CHURCH 2439 McGregor Boulevard, 334-8937

Reverned Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available

CYPRÉSS LAKE BAPTIST CHURCH 8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE
PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m. CYPRESS LAKE UNITED

METHODIST CHURCH 8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.
FAITH FELLOWSHIP WORLD

OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available. FAITH UNITED METHODIST CHURCH 15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel. FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. Sunday Morning Service and Sunday School, 10:30 a.m.;
Wednesday Evening Testimony Meeting,
5:30 p.m. Child care provided at all services. Visit our Reading Room for quiet study at: 2281 First Street, River District. www. time4thinkers.com, www.christiansciencefortmyers.com. www.christianscience.com

FIRST CHURCH OF THE NAZARENE 13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett

Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m. FIRST UNITED METHODIST CHURCH Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers. org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church

Service; 5:30 p.m. Youth Group.
FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15

FORT MYERS CONGREGATIONAL **UNITED CHURCH OF CHRIST:**

8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m. IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER

CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m. KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www. lambofgodchurch.net. Reverend Dr. James Reho. Šunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarqmail. com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers
NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH 3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org

PEACE COMMUNITY CHURCH Fort Myers Beach Masonic Lodge 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. www.peacecommunitychurch.com.

PEACE LUTHERAN CHURCH Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com. RÉDEEMER LUTHERAN CHURCH 3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.
RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m Services; 11:30 a.m. Legacy Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. Guided meditations, methods to relaxe body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www. MeditationInFortMyers.org.

SAINT COLUMBKILLE

CATHOLIC CHURCH
12171 Iona Road, Fort Myers, off
McGregor and north of Gladiolus. 4893973 Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9,11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by

appointment.
ST. FRANCIS XAVIER CATHOLIC **CHURCH**

2157 Cleveland Avenue, Fort Myers, 334-2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Mon.-Thurs. 6:45 a.m.; Fri. 6:45 & 11 a.m.; Sat. 4 p.m.; Sun 6:45, 9:30 & 11 a.m., 12:15, 4 Creole & 6 p.m. SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY

CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN **CHURCH & SCHOOL (LCMS)**

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH 3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com. Sunday worship service at 9:30 a.m.

SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar.
Liturgical Services Sundays and Holy
Days 9:30 a.m. Holy Liturgy 0 a.m. Call
to confirm service schedule: 997-2847;
Bookstore 691-1775. www.saintnicholas-

monastery.org.
ST. VINCENT DE PAUL **CATHOLIC COMMUNITY**

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednsday Service 6 p.m. TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi.barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism

Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 4330201, Rabbi: Rabbi Marc Sack Minyan:

Monday at 0 a.m. Polizione Education: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and

Saturday 9 a.m. www.tjswfl.org. THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. http://www.

newchurchflorida.com. 481-5535. UNITARIAN UNIVERSALIST CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org

UNITY OF BONITA SPRINGS 28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a

loving environment.
UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffort-myers.org. Our God is Love, Our Race is Human, Our Religion is Oneness WESTMINSTER PRESBYTERIAN

CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. www.westminsterfortmy-

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi ZION LUTHERAN CHURCH 7401 Winkler Road, Fort Myers. 481-4040.

Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. www.zionfm.org.



New Opportunities at Shell Point

The public is invited and many of these events are FREE!

Shell Point's Life Enrichment Series offers the opportunity to discover new things about yourself and the world you live in. Concerts, presentations, lectures, shows, special events, and more!

explore imagine laugh learn play create inspire

Oct 7, 13 & 27 Learn More About

Shell Point at 9:30am. Join experienced retirement counselors for an informative presentation about Shell Point's signature Lifestyle with Lifecare, followed by a narrated bus tour that will

showcase the community's resort-style retirement amenities.

Admission is free. Call (239) 466-1131 or 1-800-780-1131 to reserve your place.

THE ESTUARY

What to Look for When Comparing Assisted Living Options at 10am. The move to assisted living is hard

enough, but not knowing what to look for can be overwhelming. Join McKenzie Millis, Shell Point's assisted living expert, to learn the

FREE differences in assisted living facilities, licensures, and tips for how to begin the search, along with a worksheet to use when comparing options. Call (239) 454-2077 for information and to reserve your place.



Oct 12 to

War-1914 to 1918: **Five-Part Series**

from 1:15pm to 2:45pm. Join resident Seth Mendell as he travels back 100 years to observe how the first World War tore apart the nations of Europe. This series of five lectures unravels the events leading to the declarations of war in Europe,

then traces the major battles and catastrophic events that occurred between 1914 and 1918. Tickets for each session are \$10* and can be purchased by calling (239) 489-8472.

World War I:

Prologue and Outbreak

Opening Phases: Strategies and Battles

Middle Phases: Oct 26 Middle Phases:

Battles, and Events

U.S. Entry:The Russian Revolution

The Academy Nov 9 Collapse of Central Powers

*Please note: If you are unable to attend a class that includes a fee, kindly give 24 hours notice to receive a refund.



Retirement Community

Visit www.shellpoint.org/LES for full listings of this month's events!

(239) 466-1131 • www.shellpoint.org/events

Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway.

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Best Redfish Action Of The Year



by Capt. Matt Mitchell

edfish action lit up this week with some of the best action of the year going on right now until the end of October.. All throughout the sound, flocks of feeding

birds marked many locations to catch Spanish mackerel, ladyfish, trout and jacks. The next few weeks are also a great time to do battle with that last tarpon until spring. Slightly cooler mornings and not quite so hot afternoons have made for much more comfortable days to be out on the water.

Big daytime high water was the perfect setting to target redfish around mangrove islands and also on the open flats. Cut bait fishing with mullet and ladyfish chunks proved the most effec-

tive method for me this week. Working some favorite mangrove keys in the middle sound, I would often have to fish the whole island to locate these fish. Often they would be both against the shoreline and out in the sand holes, moving a few hundred yards or to the other side of the island from where I had found them the day before. Once you hooked a redfish, often a dozen or more others would follow it to the boat. Having the other angler quickly reel it and cast towards the hooked fish would result in a double hook-up. Most of these reds are over the 27-inch max, so handle them gently and as little as possible before releasing them.

Schools of rampaging redfish could also located all over the sound, although finding a school can be hit-and-miss when conditions are just not right. If you're willing to put in your time both riding while looking and sitting and watching, getting on one of these herds of redfish is a incredible thing. Long casting chunks of cut bait work well for this, along with basically anything you can get out to the feeding fish. Channel edges and big open flats are both good places to start your hunt. Chumming these fast-moving schools of redfish once located - will often keep them in



Dave Dutro from Estero with a over-sized redfish caught while fishing with Capt. Matt Mitchell this week

casting range longer and give you more shots at them.

While running around the sound this week looking for redfish schools and fishing the open water catching mackerel and ladyfish, I saw lots of tarpon. The same holds true out along the beaches, with tarpon being relatively easy to locate during calm conditions. With little to no angler pressure on these fish this time of year and the fact that they are gorging on big schools of fry bait, this can often be some of the

best tarpon fishing action of the year. Everyone gets so excited to fish for these tarpon in the spring when they first arrive in our waters, but in many years past, the fall bite can be the better action.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol. com.₩

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

CLEAR YOUR GEAR It Catches More Than Fish



Cast carefully to avoid tangling tackle in mangroves



RENTALS

Fishing • Cabbage Key **Dolphin Watching Captains Available**

472-5800 Jensen's Marina Captiva Island



ISLAND MARINE SERVICES, INC.

• NEW MOTOR SALES • REBUILT POWERHEADS •

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CROW Case Of The Week:

Gopher Tortoise



by Patricia Molloy

riginating in North America, the gopher tortoise (Ġopherus polyphemus) is a gentle terrestrial whose ancestors have inhabited this planet for 60 million years. Long-

lived creatures, they average 50 years in the wild. The majority of wild gopher tortoises lives in Florida - approximately 800,000 - but their population is in a steep decline due to overdevelopment.

What makes these creatures so fascinating is their burrows. An adult gopher tortoise will dig and use a number of burrows in its home territory - each burrow averages six feet deep and 15 feet long - in which it sleeps and raises its young. The structures are critical to the survival of these cold-blooded reptiles; the constant temperature and humidity of the underground lairs provide an environment that is neither too cold or hot, nor arid or humid. They also provide a safe haven from most predators and wildfires.

The role of these burrows is not only significant to the tortoises that build and inhabit them, but also to a wide range of other wild animals including lizards, opossums, frogs, snakes, rabbits and burrowing owls. These roommates, which nei-

ther help nor harm their hosts, are called commensals. Many commensals are so dependent on the burrows that they will disappear if its host abandons its home. Thus, these special turtles have earned the nickname "keystone species."

On September 19, a local couple delivered an injured gopher tortoise to CROW. "He has an old depression fracture in his carapace," explained Dr. Molly. "He was found in somebody's yard and the people were theorizing that somebody hit him with a hammer. Now, they're just guessing, but it is a very odd single depression fracture right in the middle. It's completely healed over and isn't affecting his mobility at all. But the main reason the people brought him in is that he did have some nasal discharge, too." The tortoise was admitted as patient #15-2779 and antibiotics were administered to treat its runny nose.

Upon presentation, Dr. Molly discovered another issue with the patient: it was likely blind in its right eye. "İt's really hard to visualize the retina; it's scarred. But his left eye is totally visual." Dr. Heather Barron, hospital director, conducted a thorough follow-up ocular exam.

It only took three days on medication for the tortoise's runny nose to clear up. Since it arrived with a good body condition, Dr. Heather concluded that neither its visual impairment nor its carapace fracture affected its ability to survive. With so many animals likely depending on the tortoise's return to its burrow, Dr. Heather discharged the patient from the hospital and it was released where it was



The tortoise was found with an odd, single depression fracture in its carapace, or upper shell. Dr. Heather Barron exams the patient's visually impaired right eye.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients

seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.☆

From page 1

Model Railroad At Shell Point

Pensacola area to witness U.S. Navy planes flying in formation high in the sky. Be sure to check out the realistic "burning" house in St. Petersburg, with simulated smoke pouring out of the windows.

The Gulf Coast Model Railroad has been on view for visitors since 1973, with Shell Point resident volunteers who serve as conductors on each journey "around the state." Ticket booth Millie welcomes more than 3,000 guests each year, many who write complimentary comments after their free tour (donations are appreciated).

For more information about Gulf Coast Model Railroad, or to view video highlights of the display, visit www.shellpoint.org/ trainroom. To arrange a special tour for more than 10 people, contact Melody Desilets at 454-2290.

Shell Point Retirement Community is located in Fort Myers, just before the Sanibel Causeway.



The 40' x 40' model train display features several running trains and hundreds of recognizable miniature geographic landmarks



All tours of the model railroad are complimentary, led by resident volunteers who like model railroads as a hobby and want to share their interest with others



The journey of a million miles begins with a single step...

Take a step toward healthier living by joining Healthy Lee's Million Mile Movement! We're challenging Lee County to get more active by moving 1,000,000 miles in 90 days.

Whether you're walking, running, biking or swimming, register for this community-wide challenge for **FREE** at **www.HealthyLee.com** and begin logging your "movement" today.

Be part of the Million Mile Movement!

WHO? Lee County residents of all ages and fitness levels can participate as an individual or as a group

WHAT? Any form of movement qualifies, walking, running, biking, swimming and even weight training

Register at www.HealthyLee.com and on Oct. 1, start logging your miles on the Challenge Portal, powered by Fit Nation

The Million Mile Movement is part of Healthy Lee's mission to empower and inspire the people of Lee County to make healthy lifestyle choices through education and action.

For more information, visit www.HealthyLee.com

Plant Smart

Lady Palm



The palm spreads via rhizomes and forms dense

by Gerri Reaves

Tersatile lady palm (Rhapis excelsa) is a densely clumping species native to southeast China.

Other common names for this dwarf palm include lady finger palm, broadleaf lady palm and bamboo palm.



Non-native lady palm grows well in shade

photos by Gerri Reaves

It spreads via rhizomes, stem-like roots, sometimes reaching a width equal to its height, which is as much as 12 feet. The dense canes make this slow-growing palm useful as a hedge or screen.

For a different look, the foliage can be trimmed away to display the attractive canes, which are about an inch wide, resemble bamboo, and are wrapped with brown fiber. The peeled stems have been used to make walking

Because it will grow well in shade, is coldhardy and somewhat salt-tolerant, it will do well in spots where other palms might not.

Plants grown in shade tend to have the deepest green foliage. Yellowing can result from too much sun.

It is also popular as a patio or indoor pot plant.

The fan-shaped leaves of about a foot across are divided into five to 10 ribbed strap-like segments that have squarish tips with saw-toothed edges. The Greek word rhapis, which means needle, refers to the needle-like edges.

The inconspicuous white or yellowish flowers have a pleasing fragrance and the dark fleshy fruits are inedible. Male and female flowers are produced on different plants.

Obtain new plants from the suckers or by dividing the clumps.

Sources: A Handbook of Landscape Palms by Jan Allyn; Florida, 500 Plants of South Florida by Julia F. Morton; My Eden by Frederic B. Stresau; botanical-journeys-plant-guides. com; edis.ifas.ufl.edu; florida-palm-trees.com; floridata.com; palmpedia.net; and south-floridaplant-guide.com.

Plant Smart explores the diverse flora of South Florida.☆

Dancers Perform At Zombiqueen Cabaret

Then night falls on Saturday, October 17, Zombicon 2015 hits downtown Fort Myers in an epic zombie-themed street fest. Featured this year are over five stages of performers.

The Hot Flashz, the area's favorite non-profit dance team of women all over age 45, will perform on stage at Zombiqueen Cabaret in front of the Sidney & Berne Davis Art Center starting at 6:30 p.m. This event is sponsored by Pushing Daizies, a non-profit group that bands together to foster creativity and a love of art and music in our community. A \$5 donation is asked upon entry to benefit this charity. There will be six entry points. Get your wristband or fast pass at the entrance and be eligible for awesome drink specials during Zombicon and to win super secret special prizes during the Zombiqueen Show.

The Hot Flashz raise money to help support their primary charities including Camp Boggy Creek, founded by the late Paul Newman and General H. Norman Schwarzkopf. This is a Florida camp for children with life-threatening illnesses. They also support Special Operations Warrior Foundation. This organization is located in Tampa and provides full college scholarship grants as well as education and family counseling to the children of military personnel who die in service. They also provide immediate financial assistance to severely wounded military and their families.

The Hot Flashz perform a highly entertaining show. Upcoming performances include:

October 3 – Sterling House, 1251 Business Way, Lehigh Acres, 1:30 p.m.

October 10 – Glenview at Pelican Bay, 100 Glenview

Place, Naples, 3:30 p.m. October 11 – Fleamaster's Fall Festival, 4135 Martin Luther King Blvd., Fort Myers, 10:30 a.m.

October 17 – Zombiqueen Cabaret, Sidney & Berne Davis Art Center Stage, Fort Myers, 6:30 p.m.



October 24 - Tanger Mall Business Expo/Chili Cookoff, 20350 Summerlin Road, Fort Myers, 2

October 25 - Bentley Village, 875 Retreat Drive, Naples, 2 p.m.☆

Farmer's Market Coming To FSW

or those who like freshly picked organic fruits and vegetables, locally caught seafood, baked goods and other items can get their fill every Saturday beginning October 3 on the Fort Myers campus of Florida SouthWestern State College (FSW)

FSW has partnered with Local Roots to bring a farmer's market on campus. The market will be open every Saturday from 9 a.m. to 1 p.m., October 3 through April 30. It will be located in the parking lot off the College Parkway entrance to the campus.

Over 40 vendors are expected to participate. In addition to fresh organic foods and baked goods, there will also be barbecued ribs and smoked chicken cooked onsite, healthy smoothies blended onsite, international and domestic cheeses, gluten-free treats and meals to go. There will also be handcrafted jewelry, pottery and wood products, soaps, essential oils and glass-fused art.

For more information, visit www.buylocalee. com.☆

> To advertise in The River Weekly News Call 415-7732

Free Quail Forever Youth Day At Camp Miles Boy Scout Camp



Youth Day fishing



Youth Day rifle shooting

outh ages 9 through 16 are invited to the South Florida Flatwoods Quail Forever Chapter's 10th annual Free Youth Day on Saturday, October 17 from 8 a.m. to 12:30 p.m. at the Camp Miles Boy Scout Camp, located 12 miles east of Punta Gorda at 38751 Bermont Road.

Enjoy a fun-filled day of kayaking, fishing for catfish in a stocked pond, swamp buggy rides with bird dogs, clay pigeon shooting and 3D archery with Florida Fish and Wildlife Conservation-certified hunter safety instructors, and interactive bird dog demonstrations.

There will be a free lunch with hot dogs, burgers, chips and drinks. Safety equipment will be provided, and kids are asked to wear sturdy shoes, outdoor attire and sunscreen.

Pre-registration is recommended, and check-in is from 7:30 to 8 a.m. Walkins are taken on a first come/first serve basis only. A parent or guardian must be present during youth participation in this event.

For more information or to download a registration form, visit the Quail Forever South Florida Flatwoods Chapter website



Youth Day fishing

at www.qfflatwoods.org or contact Frederick Fox, Quail Forever Youth Coordinator, at cayocostadentalxray@daystar.net or 941-916-2466.\$



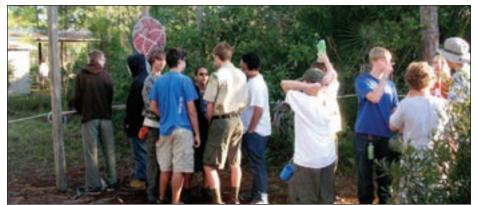
Youth Day swamp buggy rides



Youth Day kayaking



Youth Day bird dog



Youth Day archery

From page 3

Big Temptation

- Florida Museum of Hispanic and Latin American Art Miami, Florida
- Museo de Bellas Artes-San Juan, Puerto Rico
- Goodwill Games Museum, Lake Placid, New York
- Museu Nacional de Belas Artes Rio de Janeiro, Brazil
- Museo da Imagem e do Som Sao Paulo, Brazil
- Officina de Arte Belo Horizonte, Brazil
- Museo de Cinco Pontas Recife, Brazil

• Benemerita Universidad Automoma de Puebla, Mexico

More than 20 cities hold Britto's sculptures in their public art collections and he has installations at the 02 Dome in Berlin, the John F. Kennedy International Airport in New York and the largest monumental sculpture in the history of London's Hyde Park.

His diverse résumé also includes several series of postage stamp designs for the United Nations Postal Administration as well as a postage stamp in Brazil that commemorates the 450th anniversary of the city of Sao Paulo. Britto also created a living canvas performed by Cirque du Soleil in celébration of Super Bowl XLI.

About The Artist

After visiting Paris in 1983 and exhibiting thereafter in a handful of galleries and private shows, Britto came to Miami in 1988. The following year, Michael Roux happened by Britto's first gallery in Coconut Grove. Founder of Absolut Vodka's highprofile Absolut Art ad campaign, Roux asked Britto to reinterpret the famous bottle His design was seen by millions and his participation in the campaign with such iconic artists as Andy Warhol and Damien Hirst, Britto's career suddenly took off.

Other commissions soon followed, including Grand Marnier, Evian, Pepsi-Cola, Apple Computers, IBM, Disney, Mattel, Audi, Bentley, BMW, Movado, Enrico Coveri, Hublot, Technomarine and Royal Caribbean Cruises and BankAtlantic. He served as the official artist for the 2010 World Cup and was appointed Ambassador to the 2014 FIFA World Cup in Brazil. He has been profiled in numerous national publications including *People Magazine*, *Art News*, *Variety*, *Leaders Magazine* and *FT Magazine*, which including him in their list of 25 Brazilians to Watch.

Believing that "art is too important not to share," Britto serves as an arts activist for charitable organizations worldwide. Over the course of his career, Britto has lent his name, reputation, time, talent and energy to more than 250 educational, charitable and philanthropic causes, such as the Andre Agassi Foundation for Education, the World Economic and Development Fund, Best Buddies International and St. Jude's Children's Research Hospital. He has also established his own foundation. Today, the Britto Foundation provides support to those who work to create, promote and encourage education and humanitarian-based initiatives that benefit children around the world. He has been named an inaugural founding benefactor of the Harvard International Negotiation Program, an initiative that seeks peaceful resolution of modern conflict. Through these endeavors, Britto demonstrates his commitment to developing and expanding the important role art plays in world issues.

Among the likenesses that Britto has created are Art Basel founder Ernest Beyeler and Captiva's favorite son, Robert Rauschenberg.

In 2010, Britto published his first children's book, My Alphabet Playbook, which leads children through colorful collection of artistic learning.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.

Baseball State Championships Staying In Lee County Through 2018

The Florida High School Athletic Association and Lee County have agreed on a three-year extension for Lee County to continue serving as the host for the Florida High School Baseball State Championships.

"Some of the premier high school baseball players, coaches and teams in the nation are on display during the Florida High School Baseball State Championships and partnering with Lee County guarantees us an elite facility for this event," said FHSAA Executive Director Dr. Roger Dearing. "It's been a pleasure to work with the representatives of Lee County Sports Development and Lee County Sports and Recreation during the past three years and we look forward to continuing the relation-

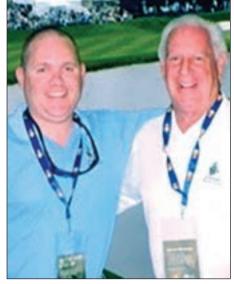
The 2016 state baseball tournament is slated for May 11 to 14 and May 18 to 21 at jetBlue Park and will consist of four-team single-elimination competition in nine classifications. All state championship games will be televised on Bright House Sports Network in a two-game session at 4 and 7:30 p.m. on May 12, May 14 and May 19, with a three-game session on May 21 scheduled for 12:30, 4 and 7:30 p.m. The state semifinal contests will be broadcast via the NFHS Network in four-game sessions listed at 10 a.m., 1, 4 and 7 p.m. on May 11, May 13, May 18 and May 20, one two-game session on May 19 at 10 a.m. and 1 p.m.

"The return of the Florida High School Baseball State Championships is a huge win for our community," said Jeff Mielke, executive director of Lee County Sports Development. "We're grateful and honored that the FHSAA selected Lee County to once again host the state tournament for an additional three years. Their decision truly reflects the confidence and long-standing relationships that we've built as well as the service we provide to the Association, players, coaches and families. We look forward to continuing to provide the players and coaches with the opportunity to play in a topnotch, professional setting and to provide and great fan experience for guests. For more information, call 344-5201 or visit www.leeparks.org.

Fall Classic Tournament To Raise Funds For Ronald McDonald House

he Ronald McDonald House Charities (RMHC) annual Fall Golf Classic Tournament is returning for its 28th year and will be played in honor and memory of tournament founder Fred Frederic. This year's tournament will continue the Celebrity Pro Am format that successfully debuted in 2014 and included the likes of NFL Hall of Famer Andre Reed, NFL Hall of Famer John Randle, local legend and NFL running back Earnest Graham and many more (for celebrity updates, visit www.facebook.com/ RMHCswflorida). The tournament and related events will take place October 8 and 9 at The Colony Golf & Country Club in Bonita Springs and will benefit Ronald McDonald House Charities of Southwest Florida.

The event begins at 7:30 p.m. on Thursday, October 8 with celebrity appearances at an opening reception hosted by Bokampers Sports Bar & Grill. The tournament, which will be played as a four-person scramble, is Friday, October 9, with registration beginning at 7:30 a.m., a



Tournament co-chair Tim Frederic with his father and tournament founder Fred Frederic

continental breakfast at 8 a.m. and the shotgun start at 9 a.m. Following the tournament, the Cameratta Companies Luncheon and Awards Banquet will take place at The Colony Golf & Country Club clubhouse. The entry fee is \$1,200 per team and includes tournament entry, luncheon and tee gifts.

Arthrex returns as the title sponsor of the tournament, as well as Cameratta Companies, Martin-Brower, Beasley Broadcast Group, Golden State Foods, Earl and Margie Holland, Turano Florida Bun, Gorton's, Besnard & Associates Insurance, Mortgage 1, Dr. Pepper, and Grampy's Charities.

"We're very excited about continuing the Pro Am format which was an energizing new take on RMHC's longtime successful golf tournament," said Tim Frederic, event co-chair and second generation McDonald's owner/operator. "My father chaired and co-chaired this event for 27 years, and I am privileged to carry on this legacy in

"We are honored to declare this year's tournament in memory of Fred Frederic, who dedicated so many years to making this such a successful fundraiser for our programs," said Laura Ragain, executive director of RMHC of Southwest Florida. "Our sincerest appreciation goes out to co-chairs Tim Frederic and Ryan Sherry, the entire event committee and our generous sponsors. Funds raised from the tournament will be used to help expand our programs to include a Ronald McDonald Family Room in the new Golisano Children's Hospital and a second Ronald McDonald Care Mobile to operate in Lee, Charlotte, Glades and Hendry Counties.

All net proceeds from the event will benefit Ronald McDonald House Charities of Southwest Florida. For more information including sponsorship and team opportunities, contact Jennifer Harner at 437-0202 or Jennifer@rmhcswfl.org.

From page 7

Legal Clinic

"There is never enough help in the legal field available to veterans who are living on limited incomes.

"As the Pro Bono Committee and LCBA strive to make legal services accessible to an often underserved population, we are pleased to help get the word out so veterans and first responders can now get the help they need," added Connie Ramos-Williams, CEO of CONRIC PR & Marketing.

The Pro Bono Committee develops and expands pro bono activities to provide access to the justice system for clients who are unable to pay for attorneys' services. Through events such as this clinic, private attorneys are able to provide brief services, without charge, to help individuals navigate the justice system.

For more information about the LCBA, visit www.leebar.org or call 334-0047.



Laura Ingraham

Ingraham To Headline Tiger Bay Club Gala

iger Bay Club of Southwest Florida presents its annual gala in partnership with the Realtor Association of Greater Fort Myers & The Beach on Thursday, October 29 at the Harborside Event Center in Fort Myers. Registration and networking begin at 5:30 p.m., with the dinner and program starting at

Open to the public, the event will be

moderated by NBC-2's Kellie Burns and will feature New York Times best-selling author Laura Ingraham, who will share her special brand of political analysis.

Ingraham is nationally recognized as a political consultant, regular Fox News contributor, and is the most-listened-to woman in political talk radio in the U.S. Since its launch in 2001, The Laura Ingraham Show has expanded to hundreds of stations nationwide. Ingraham can also be seen as the principal substitute host on The O'Reilly Factor and has published five No. 1 New York Times . best-sellers. Her latest venture includes the recent launch of political website,

One of the most widely recognized conservative voices, Ingraham will provide insight into the 2016 elections and address many concerns Americans face today about the impacts of popular culture on political conversation and the great divide between the two parties.

Early registration for club members and the general public is \$125 until October 9, and includes dinner. Sponsorships are also available by contacting Alexis Crespo at alexisc@waldropengineering.com.

Visit www.swfltigerbay.org for more information and to register for the October 29 event.

Tiger Bay Club of Southwest Florida is a non-partisan organization that provides current information about civic, governmental and political issues important to Southwest Florida at the local, state and federal levels.☆

Academy Of Lifelong Learning Launches World War I Series

he Academy of Lifelong Learning at Shell Point Retirement Community welcomes Seth Mendell, Shell Point resident and historical enthusiast, as he travels back 100 years to observe how the first World War tore apart the nations of Europe. This series of five historical lectures will be held at Shell Point on Mondays from 1:15 to 2:45 p.m.

Beginning on October 12, Mendell unravels the events leading to the declarations of war by various European nations, then traces the major battles and catastrophic happenings between 1914 and 1918:

- October 12 World War I: Prologue and Outbreak
- October 19 The Opening Phases: Strategies and Battles
- October 26 Middle Phases: Battles and Events
- November 2 U.S. Entry: The Russian Revolution
- November 9 Collapse of Central Powers

Separate tickets are required for each session, and cost \$10 each. To purchase tickets for these presentations, call 489-8472 or visit www.shellpoint. org/events.₩



Five-part Academy Series about World War I begins on October 12



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The FSW Jazz Ensemble concert will be held on November 2

2015 Fall Student Concert Series

rts@FSW, in association with Florida SouthWestern State College, announced the 2015 Fall Student Concert Series lineup. The inspiring concert series, performed by students of FSW, will return to the Barbara B. Mann Performing Arts Hall on the following dates:

- FSW Jazz Ensemble: Monday, November 2 at 7:30 p.m.
- FSW Concert Band: Tuesday, November 24 at 7:30 p.m.

• FSW Symphony Orchestra and Choir: Tuesday, December 1 at 7:30 p.m. The 2015 Fall Student Concert Series, sponsored by Enterprise Holdings Foundation, features gifted student musicians from the Symphony Orchestra and Choir, Jazz Ensemble, and Concert Band.

Concerts are free to the public and seating is open. All concerts begin at 7.30~p.m. Hosted inside one of this region's finest performing arts venues, the 2015~Fall

Southwest Florida Reading Festival A Top 20 Event

The Southeast Tourism Society (STS) has named the Southwest Florida Reading Festival as one of the STS Top 20 Events in the southeast for March 2016. The Reading Festival to be held on March 19, 2016, is also the second largest reading or book festival in Florida. The STS Top 20 Events program has highlighted events and festivals around the southeast since 1985.

The festival is a premier literary event with an annual line-up of more than 25 nationally acclaimed, best-selling authors for all reading interests. It is a fun, free event for all ages and draws an average of 18,000 people to downtown Fort Myers for the day. The fans attend to hear and meet best-selling authors from all over the country, participate in contests and activities and find the latest and greatest in books, technology and accessories. The adult area is in Harborside and the youth and family area is outside in Centennial Park. There are over 15 venues with concurrent activities and entertainment. There is a marketplace which hosts over 90 vendors split between the adult and youth areas.

In addition to author appearances, there are programs and shows for the youth, a free book for every child and teen, a Teen Battle of the Bands, crafts, graffiti and chalk wall and more.

"The Southeast Tourism Society's Top 20 Festival and Event list is an excellent guide for the Southeast's visitors and residents. Events selected represent the best, and often most unique, activities in our region," said Bill Hardman, president and CEO of the Southeast Tourism Society.

Travel industry experts select 20 events per month, and STS publicizes them throughout the United States. The complete list is published on two websites: Escape To The Southeast.com and Travel Media Press Room. Events considered for the STS Top 20 recognition must be at least 3 years old and have attendance of at least 1,000. Nomination forms and deadlines are available at Southeast Tourism.org or by calling 770-542-1523.

STS, founded in 1983 and headquartered in Atlanta, Georgia, is a nonprofit organization dedicated to promoting tourism to and within 12 states – Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Virginia and West Virginia.

The Reading Festival is 100 percent community supported through generous donations, sponsorships and grants. To help ensure the continuation of this free community event, visit www.readfest.org to make a secure online donation.

Student Concert Series delivers a musical trip around the world, fine classical pieces from musical luminaries, and a night of finger-snapping soulful jazz.

"The community is invited to FSW for the Student Concert Series at no cost," said FSW Vice President of Institutional Advancement Louis Traina. "We are proud of our student musicians and want to showcase Arts@FSW. The College is watching enthusiastically as our institution evolves into a premiere center for the arts."

Arts@FSW is your one-stop source for upcoming events and exhibitions at www.FSW.edu/ArtsFSW. Visit www.FSW.edu for more information.



The FSW Symphony Orchestra and Choir concert will be held on December 1

Center Receives 5 Star Rating



Employees and families aboard Lady Chadwick

ladiolus Learning and Development Center has received a 5 Star rating for its academic achievements. To show its appreciation, the employees and their families were treated to lunch and a cruise aboard Captiva Cruises' Lady Chadwick.

Heartfelt thanks goes out to the staff and all the supporters on Sanibel and Captiva islands. Gladiolus Learning Center was previously known as Brightest Horizons.**

High School To Host Green Wave Music Food Truck Festival Fundraiser

The Fort Myers High School music program will hold its' first ever Food Truck Festival on Saturday, October 10 at the Southwest Florida and Lee County Fairgrounds from 11 a.m. to 4 p.m. In order to raise funds for the students of the music programs to go to London, local food trucks have graciously agreed to contribute a percentage of their sales to the students.

Along with the food trucks, supporters will have an opportunity to shop from local crafters, vendors and some yard sale booths. These vendors will be set up under the esteemed Tinsley Pavilion. Supporters will also have a chance to win money in the Cow Patty Bingo Games. For \$20, supporters will have the opportunity to buy a cow tail candy and receive a numbered square ticket. Bessie, the cow, will then be sent into a lush green field to conduct her "business." Prize money will be awarded based on where Bessie does her business. The square with the first and most business wins. If her business is equally in two different squares, the prize will be split equally. A line judge will determine the winner.

The students of the Fort Myers High School music programs will show off the talents that won them the invitation to London. Small ensembles such as the Jazz Band, Drumline, choir and many more will be providing entertainment throughout the day by performing all genres of music. All of these activities will help to raise funds for the students of the Fort Myers High School music program to attend the once in a lifetime trip to the United Kingdom

trip to the United Kingdom.

"I feel so honored to go," said Drum Major Jalen Luna about the upcoming trip to London. "And excited... like my nerves are off the charts right now."

Drum Major Harold Silva added, "It's just incredible that Fort Myers High School got the honor to be invited to London. It's going to be very fun. It's going to be very memorable."

If you would like more information about this or any other event, would like to sponsor a student on the trip to London or have a fundraising opportunity, contact Fort Myers High School Music Boosters at FMHSgreenwavemusicbooters@gmail.com.

ArtFest Fort Myers Brings Home Awards In Intérnational Competition



ArtFest Fort Myers draws crowds of thousands to the River District

rtFest Fort Myers, Southwest Florida's premier fine art festival, was honored with six awards at the International Festival & Events Association Convention in Tucson Arizona on September 21. Thousands of event professionals from around the globe gather at this conference, each year, to learn, share and pay tribute to the accomplishments of those who demonstrate excellence.

"We are thrilled to be in the company of such prestigious world wide events and be recognized as one of the best," explained Sharon McAllister, ArtFest Fort Myers Executive Director. "It is an amazing honor to be acknowledged with six awards from

The ArtFest Fort Myers award winning categories included:

- Best Ad Series for promotional material for Publix Run to the Arts, featuring the work of local graphic designer, Janine Giovianazzi from Dzine Studio
 - \bullet Best Event (within an Existing Festival) for Publix Run to the Arts, an artsy 5K
- Best Single New Sponsorship Opportunity for Copa Di Vino, the Official Wine of ArtFest Fort Myers (Gold award)
 - Best Single New Sponsorship Opportunity for CenturyLink, Socialize with Us



Painters create their own masterpieces

- Best Sponsor Partner for Publix Supermarkets, Publix Art Yard and Pubilx Run To The Arts
- Best Sponsorship Program for Individual Sponsor for Florida Blue, The Art Of Health

ArtFest Fort Myers, the annual juried fine art festival, takes place on February 5, 6 and 7, 2016 in the Fort Myers River District. Join the experience with 215 professional



Participants in Public Run to the Arts

artists from across the county and around the world; the largest high school art exhibit and competition in south Florida and free interactive art experiences for children of all

For more information visit ArtFestFortMyers.com, Like us on Facebook and connect with us on Linkedin at #artfestfm☆

Three Championships In Three Years For Could Result In A Big League Job

by Ed Frank

Three championships in his first three years as manager, including the first Florida State League Championship for the Fort Myers Miracle baseball team - that's the sparkling resume of Doug Mientkiewicz.

But don't be surprised if the fiery and passionate Mientkiewicz is not a member of the Minnesota Twins organization next year. In fact, there's a good chance that he will be managing a Major League team in 2016.

With no managing experience and only a hitting coach for a rookie-level team in the Los Angeles Dodgers system, Mientkiewicz was hired by Twins General Manager Terry Ryan in

2013 to manage the Miracle, an Advanced A Minor League team.

That first year. he won a division title in the season's first half. The second year, he guided the club to its only Florida State League championship.

And this season, his Double A Chattanooga Lookouts won the Southern League championship. It's doubtful any other manager, Minor League or Major League, can match that three-season record. At Chattanooga, he managed three top Twins prospects - Byron Buxton, Miquel Sano and Max Kepler - that have moved up to the

The Twins know full well of the outspoken Mientkiewicz's desire to manage a Big League team. In fact, he was one of the finalists for the Twins job last year before Ryan named Hall of Famer Paul Molitor to the job.

Moilitor is certain to be considered American League Manager of the Year for the intelligence and leadership he has brought to the Twins who are battling for a playoff berth in the last week of the season. So the Twins' job is no longer an option for

It's likely, however, that five or six Major League manager's job will be open at the end of the season. And you can bet the house that Mientkiewicz will be in the mix for one of them.

Mientkiewicz made no secret that he was deeply disappointed that he was passed over for the Twins job last year.

"I was ticked. I felt like the timing was right for me and the organization and for the players we're going with here the next couple of years," he told a Minneapolis reporter during spring training this year.

"If I get players to progress, that speaks for itself and someone, somewhere, will have the faith in me and give me the reins of a Major League club," he added.

We asked Ryan this week what the future

holds for Mientkiewicz in the Twins organization.

"Doug has done a tremendous job the last three years in our minor league system. All decisions in our organization will be decided once we

conclude the season," he said.

Mientkiewicz, who played first-base for the Twins for parts of 12 seasons, certainly appreciates the managing opportunities given to him by

Chances are, however, he will be wearing another uniform next year.

Volunteers Needed for Women's Major Golf Tournament

Volunteers are needed for the CME Group Tour Championship to be held November 17 to 22 at the Tiburon Golf Club in Naples.

The prestigious tournament brings the winners of the season's LPGA events to Naples for the final competition of the year. Volunteers are needed for leaderboards, scoreboards, scoring controls, pro-am tournament, carts and merchandise.

Additional information is available by calling 239-593-3900.



Doug Mientkiewicz photo courtesy Twins Media Guide

School Smart



by Shelley M. Greggs, NCSP

Readers,

September is National Suicide Prevention Month. It is so important to highlight this problem and inform and educate people

about the nature of it and how to prevent and help those in crisis. Today, as we conclude this awareness month, I am passing along some very important information on suicide and adolescents as well as the number of the new national Crisis

Suicide is the third leading cause of death among youth between 10 and 19 years of age. However, suicide is preventable. Youth who are contemplating suicide frequently give warning signs of their distress. Parents, teachers and friends are in a key position to pick up on these signs and get help. Most important is to never take these warning signs lightly or promise to keep them secret. When all adults and students in the school community are committed to making suicide prevention a priority – and are empowered to take the correct actions - we can help youth before they engage in behavior with irreversible consequences.

Suicide Risk Factors

Certain characteristics are associated with increased suicide risk. These include:

• Mental illness including depression,

conduct disorders and substance abuse.

- Family stress/dysfunction.
- Environmental risks, including presence of a firearm in the home.
- Situational crises (i.e., traumatic death of a loved one, physical or sexual abuse, family violence, etc.).

Suicide Warning Signs

Many suicidal youth demonstrate observable behaviors that signal their suicidal thinking. These include:

- Suicidal threats in the form of direct and indirect statements.
 - Suicide notes and plans.
 - Prior suicidal behavior.
- Making final arrangements (e.g., making funeral arrangements, writing a will, giving away prized possessions).
 - Preoccupation with death.
- Changes in behavior, appearance, thoughts and/or feelings.

What To Do

Youth who feel suicidal are not likely to seek help directly; however, parents, school personnel, and peers can recognize the warning signs and take immediate action to keep the youth safe. When a youth gives signs that they may be considering suicide, the following actions should be taken:

- Remain calm.
- Ask the youth directly if he or she is thinking about suicide.
- Focus on your concern for their wellbeing and avoid being accusatory.
- Listen.
- Reassure them that there is help and they will not feel like this forever.
 - Do not judge.
- Provide constant supervision. Do not leave the youth alone.
 - Remove means for self-harm.

Getting Help

Peers should not agree to keep the suicidal thoughts a secret and instead should tell an adult, such as a parent, teacher, or school psychologist. Parents should seek help from school or community mental health resources as soon as possible. School staff should take the student to the designated school mental health professional or administrator.

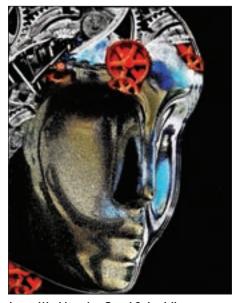
Also, it is important to be aware of a new, free and confidential Crisis Text Line available for everyone. Statistics show that only 5 percent of teens are willing to call a crisis line, but they are far more willing to text anonymously with a crisis counselor.

Crisis Text Line serves young people in any type of crisis, providing them access to free, 24/7, emotional support and information they need via the medium they already use and trust: text. Young adults simply text 741-741 from anywhere at any time, a trained specialists responds quickly, then provides effective and secure counseling and referrals to the individual in need.

Text "Listen" to 741-741 for help. Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can be addressed through this publication.



Model A In A Fog by Buck Ward_photo-



Inner Workings by Carol Schmidt

Petrozzi Enrolls At Marietta College

Ticholas Petrozzi, a resident of Fort Myers, has enrolled as part of the Class of 2019 at Marietta College for the Fall 2015 semester.

Petrozzi, who is a graduate of Bishop Verot High School, is majoring in Petroleum Engineering. Students can pursue bachelor's degrees in one of 45 majors offered at Marietta.

Approximately 300 freshmen officially joined Marietta College during the traditional Matriculation ceremony on August

From page 1

Alliance Juried Exhibition



Jet Engine by John Hutson

work and today the collection is maintained by the Robert Rauschenberg Foundation.



Gear Ware III by KiKi Brewsaugh

For more information call 939-2787 or visit artinlee.org/exhibits.

The Alliance campus and galleries are located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers. Visit www.artinlee.org for additional details.☆

Read us online at IslandSunNews.com

AppleJuice

Apple's Browser Safari, Part II



by Carol Rooksby Weidlich, President, **SWACKS**

pple's web browser Safari is included with Apple's OS X and iOS operating systems. It has many built-in privacy features and works

with iCloud to let us browse seamlessly across all of our Apple devices. Additional features include:

Easy Sharing - Safari makes it easy to share information we have found on the Internet with our friends and family. Using the "Share" icon (box with arrow pointing out of the top) we can add a webpage to a reading list, a bookmark, share via email, messages, AirDrop, Facebook, Twitter and others.

Safari Extensions are a great way to bring new features to Safari. Extension can customize your browsing experience by adding our favorite extensions. Visit http://extensions.apple.com to see extensions available for download.

Safari Sidebar gives us quick and

easy access to our "Bookmarks, Reading List and Shared Links." Bookmarks are an easy way to track websites we use a lot. Adding websites to our Reading List allows us to read them later. We can add RSS feeds from websites we're viewing giving us easy access to them at any time.

SarfariSort – A free universal Mac app that sorts your bookmarks. Works with OS X Yosemite, Mavericks, Mountain Lion, Lion and Snow Leopard. Download from www.safarisort.com.

With the upcoming release of Apple's newest operating system OS X El Capitan this fall, we'll experience some new tools. Soon you can keep your favorite websites open and easily accessible by pinning them. Use AirPlay to play web videos to your TV using Apple TV without showing your entire desktop. When listening to audio in one tab and visiting a second website with audio (music or a video) that starts to play instantly, you can easily and quickly check which open tab has sound playing, mute the audio or turn off all of your audio from your browser.

Workshops are held the second Tuesday of each month from 1 to 3 p.m., and meetings on the fourth Tuesday of each month from 7 to 9 p.m. (with the exception of July and August) at Zion Lutheran Church, 7401 Winkler Road in Fort Myers.

For more information on the South West Florida Apple Computer Knowledge Society (SWACKS), visit www.swacks.org.☆

Financial Focus

Farmers' Skills Can Pay Off For Investors, Too



by Jennifer Basey

n many parts of the country, it's harvest season. As a consumer, you will certainly be affected by the labors of farmers and their particular skill set can also teach you a lot in your role as inves-

Here are a few suggestions for putting farmers' behaviors to work for you:

• Keep a cool head. Farmers have to cope with all sorts of challenges - bad weather, changing crop prices, availability and cost of land, global trade policies, etc. But the most successful farmers don't panic, follow sound agricultural practices and adapt their work habits as necessary. As an investor, you, too, need to keep a cool head, especially in the face of volatile markets, political turmoil and changes in the economy. Don't overreact to today's headlines; instead, constantly plan for tomorrow, and follow an investment strategy designed to help you achieve your goals.

 Keep learning. Farmers are constantly learning new techniques from agricultural extension services and other sources. When you invest, you can also benefit from educating yourself on the various factors - corporate earnings, changing interest rates, and so on affecting the financial markets.

 Control your expenses. Farming isn't cheap. The cost of farm equipment is daunting, land is expensive, water usage can be enormous - the list goes on and on. The most successful farmers work hard to manage their costs, and it's an ongoing challenge. As an investor, you also can incur plenty of costs – especially if you're constantly buying and selling securities, which can lead to heavy commissions and fees, along with higher-thannecessary capital gains taxes. Following a long-term, "buy-and-hold" investment strategy can help you control your investment costs while also helping you build and preserve your long-term financial

• Be flexible. The ups and downs of

growing commodity crops have become more frequent, forcing farmers to become more flexible and resourceful in their business. For example, many farmers have started producing specific products for specific markets, thus giving them an "all-weather" income stream. As an investor, you may also need to look for new opportunities as they arise, provided these moves are still within the overall context of your long-term strategy. To be able to make such moves, you'll want to keep a reasonable amount of "cash" in your investment portfolio.

• Be patient. Farmers plant crops and nurture them carefully for months before it's harvest time. In fact, it's possible that no other occupation requires such a willingness to wait for results - and payouts. Similarly, when you invest, you simply can't expect to instantly turn huge profits; no matter what you may hear, investing is not a "get rich quick" type of endeavor. The best investors work toward growth slowly, over a period of many decades, and only by diligently pursuing a strategy that's appropriate for their individual needs, goals and risk tolerance. In short, when it comes to investing, patience isn't just a virtue... it's a necessity.

Farmers work long hours, but they don't just work hard - they work smart. Emulating their work habits and patterns can help as you cultivate the investment

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.

To advertise in The River Weekly News Call 415-7732



Framing work on the second floor of Building H is under way. Renovation work for the second floor is scheduled for completion in January 2016. photo courtesy FSW

FSW's New Science Building Progressing

Norida SouthWestern State College's (FSW) Building H on its Fort Myers campus is undergoing a complete renovation. Wright Construction is the general contractor for the project. State Public Education Capital Outlay (PECO) dollars paid \$5M for the project. Building H is a two-story structure with 27,777 square feet under

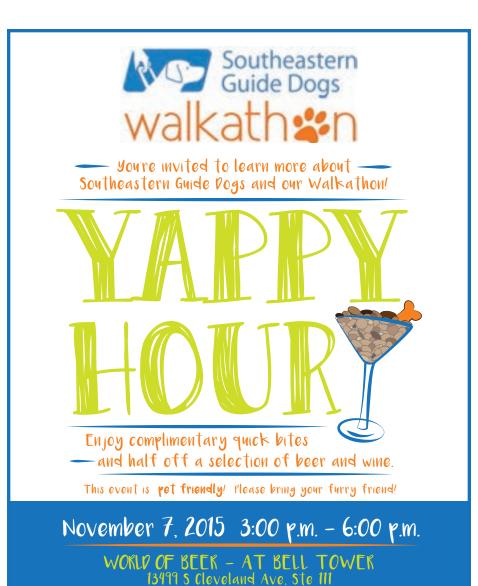
The first phase of the project is the whole renovation of the building's second floor and is scheduled for completion for classes in January 2016. Framing work for the 16,009-square-foot floor is under way. At completion the second floor will include four general purpose labs, three faculty research mini labs, one physics lab, one organic chemistry lab, one general classroom, six faculty offices and an office for adjunct faculty.

"Building H was built in 1966 and has undergone minor projects over the years, but none to this level where the space has been completely gutted. In the end, this will modernize a nearly 50 yearold building, from more energy-efficient air-conditioning and updated electrical systems to modern labs and classroom space," said Jim Osterling, construction manager/building official at FSW. "We're doing the renovation work in two phases so that classes can still be held on the floor not being renovated at the time.

"This building is at the heart of education for our students because nearly all of our students will have at least one class in it," added Dr. Denis Wright, provost at FSW.

The second phase of the project, set to begin in early 2016, will include the complete renovation of the ground floor, which encompasses 11,768 square feet. The ground floor will have a dean's suite, 11 faculty offices, three classrooms and an 88-seat lecture hall.

Visit www.FSW.edu for more informa-



Fort Myers, FL 33907

RSVP to Jane Alkire at jane.alkire@guidedogs.org or 941-803-7547

Healthy Lee Challenges Residents To Join The Million Mile Movement



an Lee County residents collectively move 1,000,000 miles in '90 days? That is the "million mile question" for Lee County residents, posed by Healthy Lee, a community collabora-tion comprised of local business, health, school, government, religious and community organizations focused on building a healthier Lee County. Healthy Lee is inspiring healthy lifestyle choices through the launch of the Million Mile Movement, a challenge to the residents of Lee



City of Fort Myers Mayor Randy Henderson challenged other Lee County leaders to get their communities signed up and mov-

County to collectively move 1,000,000 miles in a 90-day period. The communitywide journey to better health will take place from October 1 through December 29. Participation in the free challenge is open to teams and individuals of all ages and fitness levels.

During the 90-day period, participants can log their daily exercise on the Million Mile Movement Challenge Portal, powered by Fit Nation at www.HealthyLee.com. The easy-to-use website allows participants to track their physical activity such as

Doctor and Dietitian

Women, Weight And Hormones





by Ross Hauser, MD and Marion Hauser, MS, RD

ormones can make weight loss extra difficult for women. Two of the culprits that cause an increase in fat production and storage are insulin and estradiol.

Insulin is made by the pancreas in response to sugar in the blood. Blood sugar levels are generally elevated when a person eats a significant amount of sugar, breads, pastas, grains and other starchy foods. Insulin is consequently secreted to remove these large amounts of sugar from the blood. If the pancreas must continually secrete insulin to bring the blood sugar down, the body will begin to become insulin-resistant and may eventually become diabetic.

The diet to lower insulin levels involves eating fewer simple carbohydrates and

more fresh proteins and vegetables. Keep in mind that eating too much of any food can raise insulin levels.

Insulin is key in weight loss, as it helps the body store fat. To decrease body fat percentage, one must keep insulin levels down. It is that simple.

Estradiol - For many women, the problem may not just be related to insulin, but also estradiol, one of the main female estrogens. The woman with high estradiol levels often has menstrual cramps, water retention, irregular menses, fibrocystic breast disease, menstrual headaches, migraine headaches, chronic pain, poor musculoskeletal healing and weight problems. High estradiol levels also place the woman at higher risk for various cancers.

Estradiol is lowered by a low fat, high vegetation diet. This is the classic vegetarian diet. Remember, too many simple carbohydrates may contribute to elevated insulin levels, so choose lots of fresh vegetables. Leaner sources of protein are incorporated into this diet including fish, chicken, turkey, and tofu.

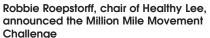
Food choices play a huge role in a woman's health. Tune up your health with right food choices and hormone testing.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.☆



Scott Kashman, Robbie Roepstorff, Jim Nathan, Heather Fitzenhagen, Ben Siegel and Randy Henderson







Jim Nathan

walking, running, biking and swimming, and also offers convenient online Movement Converter Tools for participants to translate a variety of healthy activities into miles. Healthy Lee encourages members of the community to join the movement with friends, family and coworkers to support and track progress "in step" with other chal-

lengers.

"The Million Mile Movement is a great opportunity to unify our community, and offers a free, easy way for everyone in the community to participate," said Robbie Roepstorff, chair of Healthy Lee and president of Edison National Bank. "On behalf of Healthy Lee, we are encouraged by the collaboration of diverse organizations to work together to improve the health of our residents and health care delivery in our com-

'As a life-long athlete and enthusiast of active lifestyles, I am excited to support the Healthy Lee Million Mile Movement for Lee County," said U.S. Representative Curt Clawson, R-Bonita Springs, Florida. "The choice of daily activity will help keep each of us healthier and stronger on the path of wellness."

Registration is now underway for the Healthy Lee's Million Mile Movement. For more information or to register, visit http://HealthyLee.com/Million-Mile-Movement/. In addition to registration and movement tracking for the Million Mile Movement, the HealthyLee.com website also offers healthy lifestyle tips for businesses, families and children, including recipes, wellness tools and a community event calendar of healthy events taking place in Lee County.

We are so proud that Healthy Lee is creating innovative and inclusive ways to empower our community to improve their health and well-being," said Jim Nathan, founding partner of Healthy Lee and president of Lee Memorial Health System. "The Healthy Lee Million Mile Movement is a great step forward in creating a healthier Lee County and I am excited to see how this challenge will unify our community.

Comprised of nearly 300 Lee County businesses and organizations, the Healthy Lee initiative reflects Lee County's comprehensive strategy through promoting the integration of healthy lifestyle choices into the daily routines of the community of Lee County. The movement promotes collaborative partnerships and seeks to provide the resources, tools and knowledge to empower the community to make exercise, nutrition and wellness a priority.

For more information, visit www.HealthyLee.com.

deaRPharmacist

Histamine, **Autoimmunity** And Your Genes

by Suzy Cohen, RPh

ear Readers: Histamine can cause allergies, and it is found in hundreds of foods that you consume dailý, but an allergy is different than what I want to share with you today. An allergy causes an

almost immediate reaction to the food you just ate, whereas an "intolerance" is a reaction that occurs later. Why later? Because the blood levels of histamine need to spike for the reaction to take place, you are reacting to histamine, not the food itself. See the difference?

High blood histamine levels will cause chronic health conditions, which could be life-long. In contrast, a true food "allergy' results in symptoms within a few minutes like lip swelling, itchiness, sneezing, hives, diarrhea and possibly anaphylaxis.

A problem with histamine break-down can cause many disorders that you would never connect to histamine (since you associate histamine with sneezing and runny nose). You could have a problem

with your genes for example, and this would cause histamine levels to rise. You may be taking a medication that increases histamine levels. I have a longer version of this article (over 3,000 words long) which I can email to you if you sign up at my website - suzycohen.com

If your physician doesn't tease out the problem of high histamine, you may suffer with migraines, clusters, Hashimoto's, anxiety, asthma, irritable bowel syndrome, dermatographia, vertigo, abnormal menstrual cycles and much more.

Histamine isn't a bad guy, it's needed to create stomach acid and to perfect your gut motility so that you can get food through you properly. DAO or "diamine oxidase" is an enzyme that is outside the cell (termed "extracellular") and it breaks down histamine. Supplements are sold at health food stores nationwide, and you should ask your physician about them. They are not right for everyone, however, if you have a histamine intolerance, they may improve symptoms dramatically. I leave this to be decided by you and your physician. Avoiding histamine-rich foods can impact your situation as well, especially if you avoid fermented foods and left-overs

The following foods are high in histamine (or provoke excessive release from your mast cells). Either way it's not good so reduce histamine by avoiding:

- Farmed seafood, including shellfish
- Smoked meats
- Bologna

continued on page 24

Bucks For Ducks Fundraiser Returns

Tt's the duckiest way to honor your breast cancer hero. Throughout the month of October, the Bucks For Ducks program helps transform the reflection pond of the Regional Cancer Center into a bright, cheerful symbol of hope.

Each donor to Bucks For Ducks is given their very own pink rubber ducky to adorn with a personal message or to name in honor of a loved one. The rubber duckies are \$3 each or two



Bucks For Ducks ducklings

for \$5. Donations help to save lives by contributing to Lee Memorial Health System Breast Health Centers' mammography fund to assist less fortunate patients with breast

The colorful duckies are placed in the Regional Cancer Center's reflection pond where the flock gathers throughout October in recognition of Breast Cancer Awareness Month. The Breast Health Center staff is more than happy to place a duck in the reflection pond for donors who are unable to come to the following donation

- Regional Cancer Center, 8931 Colonial Center Drive, Suite 200, Fort Myers
 Sanctuary Breast Center, 8960 Colonial Center Drive, Fort Myers
- HealthPark Commons Breast Center, 16281 Bass Road, Suite 204, Fort Myers
- Surfside Outpatient Center, 2441 Surfside Blvd., Cape Coral

A memorial and blessing of the ducks will take place at the pond on Thursday, October 29 at noon. Anyone is welcome to attend.

For more information, or to make a donation, call Diana Hammock at 343-9452.

Mom And Me





by Lizzie and Pryce

izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My adult daughter has recently asked me for a loan of several thousands of dollars, because she says she needs a surgical procedure. On further questioning, I find she wants to have a breast enlargement procedure. She is convinced that her whole life will change, she will be so much happier and it is the most important thing on her mind right now.

She has saved about half the amount and now wants a loan to get it done sooner rather than later. What do you think about my daughter's request?

Alicia

Dear Alicia,

Society puts great strain on females and the young are very vulnerable to its messages. At this point in history, "boobs" are "in." Young girls and women are constantly under pressure to have what is "in" in what the society defines as female beauty.

The present clothing emphasizes the breasts and there is no doubt that with a large endowment the clothes look better. However, many females with natural endowment want a reduction as they are fed up with shoulder sores.

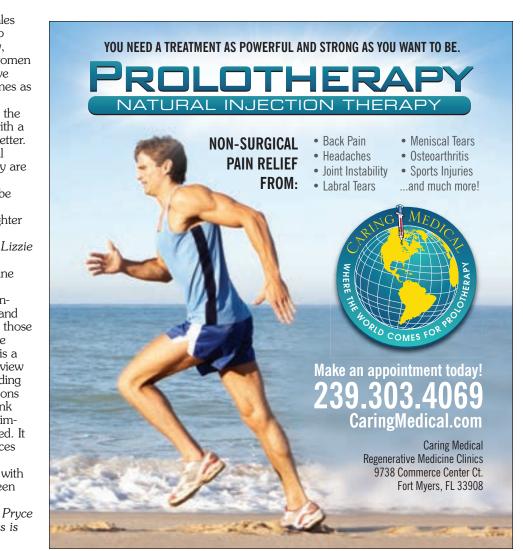
The health risks involved should be researched and a good experienced surgeon is a must, should your daughter decide to go forward.

Lizzie Dear Alicia,

Right or wrong, society does define what is considered attractive in both males and females. Not meeting standards can be bothersome for some and downright shattering for others. For those that want to alter, enhance or reduce body characteristics, plastic surgery is a choice. Responsible physicians interview and counsel potential patients regarding expectations about surgery and reasons for seeking surgery. So, I do not think exploring surgical solutions to body image problems is in any way misguided. It is important to make informed choices about any medical procedures.

As far as assisting your daughter with paying for her surgery, that is between you and your daughter.

Lizzie and Pryce's email address is momandmeaging@hotmail.com.\$



Impromptu Fundraiser Raises \$7,564 For SalusCare's Vince Smith Campus



Staff members at the Vince Smith Campus show some of the items donated at The Edison Collection Party. From left, Dena Paniccia, Stacey Heidler, Steven Hill, JT Torres and Natalie Worobel.

n impromptu fundraiser that was promoted exclusively on Facebook with just four days' notice raised \$7,564 for SalusCare's Vince Smith Campus, the non-profit's residential program for teens with substance abuse issues. The event was billed as a "collection party" at The Edison Restaurant on McGregor Boulevard by organizer Kathleen Wolter, who is a member of SalusCare's Development Committee. Wolter hosted the event at The Edison September 17 with other SalusCare Development Committee members Marc Collins, Candace Summers

We heard that the Vince Smith Campus needed basketballs, soccer balls, board games and other items to keep the kids entertained while they live at the center and receive therapy," Wolter said. "We felt like we needed to do something right away."

The group sent invitations on Facebook to hundreds of their friends asking them to drop by The Edison and donate gently used items and cash, if they could.

Our hope was to receive enough cash donations to buy a ping-pong table and maybe even a pool table," Summers said. "It's quite a testament to the power of Facebook and the generosity of friends."

Altogether, the five-hour collection party raised \$3,247 in cash, \$500 in pledges and \$3,817 in donated goods.

'Wow! This was like Christmas for these kids," said Vince Smith Center Director Steven Hill. "We are so thankful to the group for putting this event together so quickly and asking their friends to help.

SalusCare's Vince Smith Campus, located at 2450 Prince Street in Fort Myers, offers a home-like environment for teens (ages 13 to 17) with drug and/or alcohol abuse and co-occurring mental health issues. The program offers residential treatment for up to six months for 20 teens. Classroom instruction is offered on-premises through cooperative arrangement with the Lee County school system.

Donated items are still being accepted at SalusCare's Vince Smith Campus. To donate, call 791-1575 or email tcordisco@saluscareflorida.org.

Chamber Business Expo And Job Fair Set For October 24

ind out what the Fort Myers Beach area business community has to offer at the Fort Myers Beach Chamber Business Expo and Job Fair. This fair will take place at Tanger Outlets Center on October 24 from 11 a.m. to 2 p.m. Upwards of 50 area businesses are expected to be exhibiting at the expo, offering deals and incentives to attendees. You are welcome to bring your resume as some of the exhibitors will be hiring additional employees. Entrance to the expo is free of charge for visitors. There will also be a number of non-profits participating in a chili cook-off who will be selling chili and beverages.

There will be door prizes provided by exhibitors as well as two grand prizes. The theme for the expo is Halloween so feel free to dress up. Free candy will be provided to children. Other children's activities such as face painting and balloon twisting will be

Tanger Outlets Center is located at 20350 Summerlin Road in Fort Myers. Chamber members can be either an exhibitor for \$100 or a sponsor/exhibitor for \$150. Non-profit members can be an exhibitor for free and non-member non-profits can exhibit for \$50. For profit companies must be a chamber member in order to participate. For information on joining the chamber, call 454-7500 or email rhonda@ fmbchamber.com.

Non-profits can participate in the chili cook-off for an additional \$50. For more information on the expo and an application, visit www.



Attorney and Alliance board member Deb Meisenberg; Director of Education & Operations Brandi Couse; Executive Director Lydia Black; Attorney, YLD President and Golf Committee member Kimberly Davis Bocelli; and Attorney and LCBA President Anne

Bar Association Golf Tournament Raises \$20,500 To Benefit Alliance

he Lee County Bar Association's (LCBA) 5th annual Charity Golf Tournament, sponsored by Roetzel & Andress, was an enormous success. On September 18, the LCBA presented a check for \$20,500 to benefit the Alliance for the Arts' Youth Scholarships and ARTReach educational programming.

The arts are a critical necessity in our society, not a luxury," said LCBA president and arts supporter Anne Dalton, Esq. "As Bar President, I feel that helping children acquire arts knowledge and hands-on theatrical experiences is a significant contribution to cultivating the next generation of leaders.

The Alliance for the Arts is the county's local arts nonprofit dedicated to infusing the community with arts programming through a diverse, innovative and balanced program of performances, events, community building and educational projects that reaches the widest possible audience. The Alliance's ARTreach program offers people of all ages and economic levels the opportunity to participate in artistic and cultural endeavors, mentorship opportunities, and provides a healthy and safe environment. Engaging the arts is proven to increase self-esteem and enhance quality of life.

We are honored to be the beneficiary of the LCBA's annual golf tournament. The funds they raised will be an enormous help in our mission to bring the arts to children who might not otherwise have the chance," added Alliance Executive Director Lydia Black. "We truly believe in the arts and can't thank the LCBA enough for believing in

For more information about the Lee County Bar Association, visit www.leebar.org.

From page 23

deaRPharmacist

- Fermented dairy products like buttermilk, yogurt, cheese and kefir
 - Citrus fruits
- Dried fruits: Apricots, cherries, cranberries, prunes, currants, raisins and dates
 - Tomatoes and tomato sauce
- Spinach (it's high in oxalates anyway, so keep this to a minimum)
- Vinegar-containing foods like salad dressing, pickles, relish, etc.
 - Sulfites

Vegans eat a lot of fermented foods, like tofu and tempeh. These can raise histamine levels and cause anxiety and skin

problems. Reducing histamine can help.

Finally, people with hypothyroidism, or Hashimoto's thyroiditis or any other auto-immune disorder such as Multiple Sclerosis may have been misinformed about a "healthy" diet. Fermented foods may not be wise for you after all, these foods are super high in histamine and this can increase your symptoms. Symptoms should resolve within a month, and if not, you can take DAO supplements. There are many brands; just buy what you like.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. . SuzyCohen.com.☆

Email your editorial copy to: press@riverweekly.com

ID YOU KN

TRIVIA TEST

- 1. RELIGION: In what country was the Coptic Orthodox Church founded?
- TELEVISION: Who played Officer Pete Malloy in the TV show "Adam-12"?
- ART: What war did Pablo Picasso's famous painting "Guernica" draw attention
- GAMES: In what game might a player be invited to "bat the birdie"? LANGUAGE: What is "plonk" in Great Britain?
- HISTORY: The Boer War is most closely associated with which African nation?
- LITERATURE: What 18th-century novel was inspired by real tales of a ship-
- MUSIC: Who composed the operas "Madame Butterfly" and "Tosca"?
- FAMOUS QUOTATIONS: What 19th-century novelist once said, "Everyone thinks of changing the world, but no one thinks of changing himself"?
- 10.MATH: What is the Arabic equivalent of the Roman numeral MCCCXXVI?

ANSWERS

Africa 7. "Robinson Crusoe," by Daniel Defoe 8. Puccini 9. Leo Tolstoy 10. 1,326 1. Egypt 2. Martin Milner 3. Spanish Civil War 4. Badminton 5. Cheap booze 6. South

FOR WEEK OF OCTOBER 5, 2015

ARIES (March 21 to April 19) A workplace change doesn't seem to have turned out quite as you'd hoped. Never mind: Just treat yourself to a healthy dollop of that Aries self-confidence, and you'll soon view things differently.

Stars ★★★★

TAURUS (April 20 to May 20) Some of the support you might have hoped for in a difficult situation might not be there. But vou have the strength to rely on your own capabilities if you must. Good luck.

GEMINI (May 21 to June 20) A disagreement with a longtime friend can be painful, but it also can be a learning lesson. Insist on a full and complete airing of views. You'll both come away the better for it.

CANCER (June 21 to July 22) A stalled relationship can be restarted with some give and take on both sides. And while it could take more time than you expect, don't rush it. Be patient, and let it happen naturally.

LEO (July 23 to August 22) An opportunity to move a long-stalled project from concept to construction might be opening up for the Big Cat. Meanwhile, be prepared to spend more time dealing with family matters.

VIRGO (August 23 to September 22) Use your Virgo organizational skills to line up support to help you deal with a sticky workplace problem. A personal matter also might be helped with friendly intervention.

LIBRA (September 23 to October 22) Trying to resolve a workplace problem with a longtime associate can be difficult. Consider bringing in an impartial third party to help you both reach a mutually acceptable solution.

SCORPIO (October 23 to November 21) This is a good time to assess your current career situation. Consider whether you have a chance to move up where you are now, or if you should look elsewhere.

SAGITTARIUS (November 22 to December 21) With education being a dominant part of this week's aspect, one of the things you might want to think about is taking courses to enhance your career opportunities.

CAPRICORN (December 22 to January 19) You might have a problem trying to stay focused on a matter you'd rather not deal with. But the sooner you

do, the sooner it will be resolved and out of the way.

AQUARIUS (January 20 to February 18) An unforeseen complication creates a difficult problem. But things get resolved once you use your ability to turn negative situations into positive experiences.

PISCES (February 19 to March 20) The Pisces penchant for doing the right thing at the right time helps you deal with a particularly troublesome situation. Consider your best option, and act accordingly.

BORN THIS WEEK: Although you might sometimes seem rigid in your views, your love of justice makes you a trusted friend everyone can rely on.

THIS WEEK IN HISTORY

- On Oct. 5, 1892, the Dalton gang attempts to rob two banks simultaneously in Coffeyville, Kansas, but meets resistance from townspeople, who kill four of the five bandits. The gang had turned to crime when they became bored with their other career possibilities on the Western frontier.
- On Oct. 11, 1925, novelist Elmore Leonard is born in New Orleans. He decided to write either Westerns or detective novels, whichever would generate the most income. By the time of his death in 2013, he'd penned 45 books.
- On Oct. 9, 1934, the St. Louis Cardinals defeat the Detroit Tigers in the World Series. The Cards nickname, the "Gashouse Gang," had to do with the team's close resemblance to the rowdy, dirt-streaked thugs who hung around the Gashouse District on Manhattan's East
- On Oct. 10, 1957, President Dwight D. Eisenhower offers his apologies to the Ghanian finance minister, who had been refused service at a restaurant in Delaware. It was one of the first of many such incidents in which African diplomats experienced racial segregation in the United
- On Oct. 6, 1961, President John F. Kennedy advises American families to build bomb shelters to protect them from atomic fallout in the event of a nuclear exchange with the Soviet Union
- On Oct. 8, 1970, Russian writer Aleksandr Solzhenitsyn wins the Nobel Prize for literature. Arrested in 1945 for criticizing the Stalin regime, he served time in Russian prisons, forced labor

- 1. Name the last pitcher to throw a complete-game shutout in the World Series before San Francisco's Madison Bumgarner did it in 2014.
- Who was the first relief pitcher to win the N.L. Rookie of the Year Award?
- When was the last time before 2014 that the University of Texas did not have a player taken in the NFL Draft?
- 4. In 2014, San Antonio's Kawhi Leonard became the third-youngest NBA Finals MVP (22). Who was younger?
- When was the last time before 2015 that the Tampa Bay Lightning won an NHL playoff Game Seven at home?
- 6. In 2015, Ryan Lochte became the second swimmer to win the same event (200-meter individual medley) at four straight world competitions. Who was the first?
- 7. How many top-10 finishes did golfer Ben Crenshaw have in 44 years of playing at the Masters?

ANSWERS

Stanley Cup Final. 6. Australia's Grant Hackett did it in the 1500-meter freestyle between 1998 and 2005. 7. Eleven, including winning the event twice (1984, 1995). 4. Magic Johnson of the Los Angeles Lakers in 1980 (age 20) and 1982 (22). 5. It was the 2004 1. Josh Beckett, in 2003 for the Marlins. 2. Joe Black of the Dodgers in 1952. 3. It was 1937

camps and internal exile. His works had to be secreted out of Russia in order to be

published.

• On Oct. 7, 1983, Sean Connery stars in "Never Say Never Again" as the British secret service agent James Bond, a role he last played in 1971. The film's title referenced the fact that Connery had previously said he would never play Agent 007 again.

STRANGE BUT TRUE

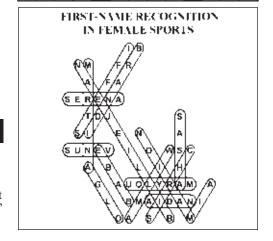
- It was 20th-century American journalist and cartoonist Robert Quillen who made the following sage observation: "A happy marriage is the union of two good forgivers."
- In a recent survey of parents with adult children, 45 percent of respondents said they would rather stay in a hotel than in the home of one of their kids.
- In 2009, the government of Saudi Arabia established a special Anti-Witchcraft Unit to combat the practice of sorcery. By 2011, there were nine bureaus in cities across the country. The following year, 215 people were arrested for sorcery.
- Those who study such things say that all kangaroos are left-handed.
- When you think of hibernation, you probably picture a bear holing up in a cave for the winter, right? You might be surprised to learn that creatures don't just hibernate to get through the winter months; almost any adverse environmental condition can trigger such a response. For instance, on the island of Madagascar, the fat-tailed dwarf lemur hibernates for seven months during the dry season.
- If you're a fan of Major League Baseball, you're going to pay three times as much to attend a game in Boston as in San Diego.
- Wildlife biologists say that the milk from a mother hippopotamus is pink.
- The size of a nickel represents the halfway point between the size of an atom and the size of the earth. If an atom were the size of a nickel, a nickel would be the size of the earth.

THOUGHT FOR THE DAY

"I like the pluralism of modernity; it doesn't threaten my faith. And if one's faith is dependent on being reinforced in every aspect of other people's lives, then it is a rather insecure faith, don't you think?" -- Andrew Sullivan

PUZZLE ANSWERS

NOON ARMOUR M O D N CARNE RON COMEN NEUMAN F F Т R О F RO Ε R G E B O A T F Ε L T A B L O 0 FE Ε G ΙXΙ Ε E S E M SUP 0 В D GE S S ם A M Р A 0 Α D Α М ı FE Т ME R Ρ Α SE AR Ν OIR Ε Г N $A \mid N \mid T$ S Ε WE





Florida Avocado Smoothie

- 2 cups fresh Florida avocado, peeled and pit removed
- 1 cup low-fat milk
- 2 cups vanilla frozen low-fat yogurt
- 8 ice cubes

Place avocado and milk in blender (make sure lid is on tight). Blend on high speed until smooth. Add frozen yogurt and ice cubes and continue to blend until smooth and creamy. Serve immediately.

Pour any leftovers into an ice cube tray and freeze for later use.



Florida Avocado Smoothie

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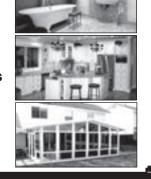
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FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



y withjoug is stiestich of Soud tights stiedfolf of Cash bend is different Devocris i min . E unissim a revocat S. goissim a lawof . . : secondific



"Bathe it with cold compresses, take a couple of aspirins, and stay away from

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gagi

Bonus DRAWER

Mogul

MEGATAN Shape

CROOTUN Drowse

RUMBLES

TODAY'S WORD

answer on page 27

solution

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FISHING CHARTER



PUZZLE ANSWERS

SUDOKU

9	7	8	1	5	4	2	3	6
4	6	2	8	3	7	9	1	5
1	3	5	2	6	9	8	7	4
3	8	4	6	9	5	1	2	7
7	5	9	4	1	2	3	6	8
2	1	6	3	7	8	4	5	9
6	9	1	5	4	3	7	8	2
8	4	3	7	2	6	5	9	1
5	2	7	9	8	1	6	4	3

SCRAMBLERS

1. Reward; 2. Magnate;

3. Contour; 4. Slumber

Today's Word

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Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Alva	Alva	2001	3,080	\$820,000	\$800,000	68
Cape Coral	Cape Coral	2002	3,462	\$879,000	\$800,000	39
Ridge	Bonita Springs	1998	2,706	\$814,000	\$790,000	103
Cape Coral	Cape Coral	2012	2,659	\$765,000	\$750,000	20
The Forest	Fort Myers	1984	2,922	\$568,000	\$568,000	7
The Rocks	Sanibel	1974	1,162	\$580,000	\$550,000	75
Cape Coral	Cape Coral	1984	2,078	\$574,000	\$535,000	65
Preserve At Corkscrew	Estero	2013	2,377	\$525,000	\$504,000	45
Kelly Greens	Fort Myers	1988	2,188	\$489,000	\$481,500	0
Heritage Farms	Fort Myers	1981	2,856	\$495,000	\$460,000	60

Courtesy of Royal Shell Real Estate



★ ★ ★ CLASSIFIEDS ★ CLASSIFIEDS ★ ★ ★

HELP WANTED

HELP WANTED

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**NS 5/29 CC TFN

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VOLUNTEERS NEEDED

The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11.

VOLUNTEERS NEEDED

Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189.

**NS 11/1 NC TFN

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Must be familiar with Sanibel & Captiva
Islands. Candidate should possess good
communication skills, computer knowledge;
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*NS 9/25CC 10/2

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Shore Fishing:

Don't Harm The Fish by Capt. Matt Mitchell

anding a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water

while you unhook it if you're going to release it.

- The less you can touch a fish before release the better for the fish.
- If you want a picture with the fish, support it as you lift it out of the water and do it quickly.
- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so

water goes over its gills. The fish will let you know when it's ready to swim off.

• Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

LEGAL NOTICE

NOTICE OF FILING PETITION FOR DIVORCE

To WEBBS C. BELVAL:
Pursuant to an Order for Publication signed by the Honorable Brian J. Amero on the 9th day of July 2015, you are hereby notified that a Petition for Divorce has been filed in the Superior Court of Henry County, Georgia, Case No. SU-CV-0821-BA, on March 13, 2015 a Petition which seeks to obtain a divorce from you.

You may obtain a copy of this *Petition* from the Clerk of Superior Court of Henry County, One Courthouse Square, McDonough, Georgia 30253, 770-288-8022.

After you review the *Petition*, you must file your written answer and objections to the *Petition* with the Clerk of Superior Court. You must also serve a copy of your answer upon the Petitioner, whose address is as follows: Barbara Exil, 1255 Labonte Pkwy, McDonough, GA 30253.

Your answer must be made within sixty (60) days of the Order for Service by Publication.

Signed this June day of 15, 2015 by Barbara A. Harrison, CLERK, Superior Court of Henry County, Georgia

To those who are hungry, \$20 is a fortune.



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	7				4			6
		2		3	7		1	
1			2			8		
3					5	1		7
	5		4				6	
		6		7				9
	9	1		4			8	
8					6	5		
	2		9					3

SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

ello, my name is Tulip. I'm a 1.5-year-old female Florida Curr. I am very eager to learn and please. I already know how to sit, so you see I'm not just another pretty face... I'm smart too. If you have an active lifestyle, we'll be a perfect match because I'm loaded with enthusiasm for life!

My adoption fee is \$10 (regularly \$75) during Animal Services' Fall In Love adoption promotion.

Hello, my name is Star. I'm a 2-monthold male domestic medium hair kitten. I've obviously cornered the market on cute, but I can also be the perfect kitten you've been looking to adopt. At just 2 months old, it's time for me to get acclimated to my forever home. I can't wait to fit right in with your family.

My adoption fee is \$10 (regularly \$75) during Animal Services' Fall In Love adoption promotion. Cats and kittens are also two-for-one adoption fee.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www. LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food

The adoption package is valued at

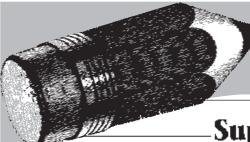


Tulip ID# 635280



Star ID# 637810

THE	
Emergency.	
Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway PatrolPoison Control	2/8-/100
HealthPark Medical Center1	
Ft. Myers Chamber of Commerce	
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	1 900 275 9777
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ARTS	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts HallBIG ARTS	305 0000
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
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SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists AwardsCLUBS & ORGANIZATIONS	5/4-9321
Angel Flight	77-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	
Caloosahatchee Chapter DAR	
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
	+5+-1005
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	415-2484
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera	415-2484 239-267-1990 728-3743
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL	415-2484 239-267-1990 cy 728-3743 561-9164
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera	415-2484 239-267-1990 cy 728-3743 561-9164 239-257-2654
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL	415-2484 239-267-1990 cy 728-3743 561-9164 239-257-2654 472-8334 472-6940
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL	415-2484 239-267-1990 cy728-3743 561-9164 239-257-2654 472-8334 472-6940 549-9625
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL	
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL	
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL	
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL	
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 561-2118
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 561-2118
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL	415-2484 . 239-267-1990 cy. 728-3743 561-9164 . 239-257-2654 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL	
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Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Horticultural Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE (National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise Iowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South Gateway to the Islands. Iona-McGregor Lions Clubs:	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 . 561-2118 . 561-2118 . 694-1056 . 691-1405 . 218-5768 . 482-0869
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Horticultural Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Gateway to the Islands. lona-McGregor Lions Clubs: Fort Myers Beach.	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 . 561-2118 . 540 454-8090 . 694-1056 . 691-1405 . 218-5768 . 482-0869 . 463-9738
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Horticultural Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise Iowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Bouth Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers High Noon Estero/South Fort Myers	415-2484 .239-267-1990 cy. 728-3743 .561-9164 .239-257-2654 .472-8334 .472-6940 .549-9625 .939-7278 .482-6713 .731-1901 .667-1354 .332-2408 .939-1338 .561-2118 254 or 454-8090 .694-1056 .694-1056 .691-1405 .218-5768 .482-0869 .463-9738 .466-4228 .898-1921
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 . 561-2118 254 or 454-8090 . 694-1056 . 691-1405 . 218-5768 . 482-0869 . 463-9738 . 466-4228 . 898-1921 . 768-0417
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Horticultural Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE (National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers Beach. Fort Myers High Noon Estero/South Fort Myers Notre Dame Club of Lee County POLO Club of Lee County	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 . 561-2118 . 254 or 454-8090 . 694-1056 . 691-1405 . 218-5768 . 482-0869 . 463-9738 . 466-4228 . 898-1921 . 768-0417 . 477-4906
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Horticultural Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise Iowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers Beach. Fort Myers High Noon Estero/South Fort Myers Notre Dame Club of Lee County POLO Club of Lee County Rotary Club of Fort Myers	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 . 561-2118 . 254 or 454-8090 . 694-1056 . 691-1405 . 218-5768 . 482-0869 . 463-9738 . 466-4228 . 898-1921 . 768-0417 . 477-4906 . 332-8158
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Horticultural Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers Beach. Fort Myers High Noon Estero/South Fort Myers Notre Dame Club of Lee County POLO Club of Lee County Rotary Club of Fort Myers Sanibel-Captiva Orchid Society.	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 . 561-2118 . 254 or 454-8090 . 694-1056 . 691-1405 . 218-5768 . 482-0869 . 463-9738 . 466-4228 . 898-1921 . 768-0417 . 477-4906 . 332-8158 . 472-6940
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Horticultural Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South. Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers High Noon Estero/South Fort Myers Notre Dame Club of Lee County POLO Club of Lee County Rotary Club of Fort Myers Sanibel-Captiva Orchid Society. United Way 211 Helpline (24 hour).	415-2484 .239-267-1990 cy. 728-3743 .561-9164 .239-257-2654 .472-8334 .472-6940 .549-9625 .939-7278 .482-6713 .731-1901 .667-1354 .332-2408 .939-1338 .561-2118 .254 or 454-8090 .694-1056 .691-1405 .218-5768 .482-0869 .463-9738 .466-4228 .898-1921 .768-0417 .477-4906 .332-8158 .472-6940 .433-2000
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE (National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South Gateway to the Islands. lona-McGregor Lions Clubs: Fort Myers Beach. Fort Myers High Noon Estero/South Fort Myers Notre Dame Club of Lee County POLO Club of Lee County Rotary Club of Fort Myers Sanibel-Captiva Orchid Society. United Way 211 Helpline (24 hour). AREA ATTRACTIONS	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 . 561-2118 . 254 or 454-8090 . 694-1056 . 691-1405 . 218-5768 . 482-0869 . 463-9738 . 466-4228 . 898-1921 . 768-0417 . 477-4906 . 332-8158 . 472-6940 . 433-2000 211 or 433-3900
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE (National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers Beach. Fort Myers High Noon Estero/South Fort Myers Notre Dame Club of Lee County POLO Club of Lee County Rotary Club of Fort Myers Sanibel-Captiva Orchid Society. United Way 211 Helpline (24 hour). AREA ATTRACTIONS Bailey-Matthews Shell Museum.	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 . 561-2118 . 254 or 454-8090 . 694-1056 . 691-1405 . 218-5768 . 482-0869 . 463-9738 . 466-4228 . 898-121 . 768-0417 . 477-4906 . 332-8158 . 472-6940 . 433-2000 211 or 433-3900 . 395-2233
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Horticultural Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South. Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers Beach. Fort Myers Bouth Gee County United Way of Lee County United Way 211 Helpline (24 hour). AREA ATTRACTIONS Bailey-Matthews Shell Museum. Burrough's Home.	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 . 561-2118 . 561-2118 . 254 or 454-8090 . 694-1056 . 691-1405 . 218-5768 . 482-0869 . 463-9738 . 466-4228 . 898-1921 . 768-0417 . 477-4906 . 332-8158 . 472-6940 . 433-2000 211 or 433-3900 . 395-2233 . 337-9505
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Horticultural Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South. Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers High Noon Estero/South Fort Myers Notre Dame Club of Lee County POLO Club of Lee County Rotary Club of Fort Myers Sanibel-Captiva Orchid Society United Way of Lee County United Way 211 Helpline (24 hour). AREA ATTRACTIONS Bailey-Matthews Shell Museum Burrough's Home. Calusa Nature Center & Planetarium.	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 . 561-2118 . 254 or 454-8090 . 694-1056 . 691-1405 . 218-5768 . 482-0869 . 463-9738 . 466-4228 . 898-1921 . 768-0417 . 477-4906 . 332-8158 . 472-6940 . 433-2000 211 or 433-3900 . 395-2233 . 337-9505 . 275-3435
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Horticultural Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South. Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers Beach. Fort Myers Bouth Gee County United Way of Lee County United Way 211 Helpline (24 hour). AREA ATTRACTIONS Bailey-Matthews Shell Museum. Burrough's Home.	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 . 561-2118 . 561-2118 . 691-1405 . 218-5768 . 482-0869 . 463-9738 . 466-4228 . 898-1921 . 768-0417 . 477-4906 . 332-8158 . 472-6940 . 433-2000 211 or 433-3900 . 395-2233 . 337-9505 . 275-3435 . 334-3614
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE (National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South Gateway to the Islands. lona-McGregor Lions Clubs: Fort Myers High Noon Estero/South Fort Myers Notre Dame Club of Lee County POLO Club of Lee County Rotary Club of Fort Myers Sanibel-Captiva Orchid Society United Way 211 Helpline (24 hour). AREA ATTRACTIONS Bailey-Matthews Shell Museum Burrough's Home Calusa Nature Center & Planetarium Edison & Ford Winter Estates Fort Myers Skate Park Imaginarium Hands-On Museum & Aquarium	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 . 561-2118 . 254 or 454-8090 . 694-1056 . 691-1405 . 218-5768 . 482-0869 . 463-9738 . 466-4228 . 898-1921 . 768-0417 . 477-4906 . 332-8158 . 472-6940 . 433-2000 211 or 433-3900 . 395-2233 . 337-9505 . 275-3435 . 334-3614 . 321-7558 . 321-7420
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Lee County Genealogical Society Lee Crust for Historic Preservation NARFE (National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers Beach. Fort Myers High Noon Estero/South Fort Myers Notre Dame Club of Lee County POLO Club of Lee County Rotary Club of Fort Myers Sanibel-Captiva Orchid Society United Way of Lee County United Way 211 Helpline (24 hour). AREA ATTRACTIONS Bailey-Matthews Shell Museum Burrough's Home. Calusa Nature Center & Planetarium. Edison & Ford Winter Estates Fort Myers Skate Park Imaginarium Hands-On Museum & Aquarium JN "Ding" Darling National Wildlife Refuge	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 . 561-2118 . 254 or 454-8090 . 694-1056 . 691-1405 . 218-5768 . 482-0869 . 463-9738 . 466-4228 . 898-1921 . 768-0417 . 477-4906 . 332-8158 . 472-6940 . 433-2000 211 or 433-3900 . 395-2233 . 337-9505 . 275-3435 . 334-3614 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Horticultural Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE(National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers High Noon Estero/South Fort Myers Notre Dame Club of Lee County POLO Club of Lee County Rotary Club of Fort Myers Sanibel-Captiva Orchid Society United Way of Lee County United Way 211 Helpline (24 hour). AREA ATTRACTIONS Bailey-Matthews Shell Museum Burrough's Home Calusa Nature Center & Planetarium Edison & Ford Winter Estates Fort Myers Skate Park Imaginarium Hands-On Museum & Aquarium JN "Ding" Darling National Wildlife Refuge Koreshan State Historic Site	415-2484 . 239-267-1990 cy. 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 . 561-2118 . 254 or 454-8090 . 694-1056 . 691-1405 . 218-5768 . 482-0869 . 463-9738 . 466-4228 . 898-1921 . 768-0417 . 477-4906 . 332-8158 . 472-6940 . 433-2000 211 or 433-3900 . 395-2233 . 337-9505 . 275-3435 . 331-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7558 . 321-7420 . 472-1100 . 239-992-0311
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE (National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South. Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers Beach. Fort Myers High Noon Estero/South Fort Myers Notre Dame Club of Lee County POLO Club of Lee County POLO Club of Lee County United Way of Lee County United Way 211 Helpline (24 hour). AREA ATTRACTIONS Bailey-Matthews Shell Museum Burrough's Home Calusa Nature Center & Planetarium Edison & Ford Winter Estates Fort Myers Skate Park Imaginarium Hands-On Museum & Aquarium JN "Ding" Darling National Wildlife Refuge Koreshan State Historic Site Langford Kingston Home	415-2484 .239-267-1990 cy. 728-3743 . 561-9164 .239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338 . 561-2118 . 561-2118 . 540 of 454-8090 . 694-1056 . 691-1405 . 218-5768 . 482-0869 . 463-9738 . 466-4228 . 898-1921 . 768-0417 . 477-4906 . 332-8158 . 472-6940 . 433-2000 . 211 or 433-3900 . 395-2233 . 337-9505 . 275-3435 . 331-7420 . 472-1100 . 239-992-0311 . 239-334-2550
Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confedera Friendship Force Of SW FL Garden Club of Cape Coral Horticulture and Tea Society Lee County Genealogical Society Lee Trust for Historic Preservation NARFE (National Active & Retired Federal Employees Navy Seabees Veterans of America Paradise lowa Club of SWFL Sons of Confederate Veterans Southwest Florida Fencing Academy. Southwest Florida Music Association Kiwanis Clubs: Fort Myers Beach. Fort Myers Beach. Fort Myers South Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers High Noon Estero/South Fort Myers Notre Dame Club of Lee County POLO Club of Lee County Rotary Club of Fort Myers Sanibel-Captiva Orchid Society United Way 211 Helpline (24 hour). AREA ATTRACTIONS Bailey-Matthews Shell Museum Burrough's Home Calusa Nature Center & Planetarium Edison & Ford Winter Estates Fort Myers Skate Park Imaginarium Hands-On Museum & Aquarium JN "Ding" Darling National Wildlife Refuge Koreshan State Historic Site Langford Kingston Home Ostego Bay Foundation Marine Science Center	415-2484 . 239-267-1990 cy . 728-3743 . 561-9164 . 239-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1388 . 561-2118 . 254 or 454-8090 . 694-1056 . 691-1405 . 218-5768 . 482-0869 . 463-9738 . 466-4228 . 898-1921 . 768-0417 . 477-4906 . 332-8158 . 472-6940 . 433-2000 . 211 or 433-3900 . 395-2233 . 337-9505 . 275-3435 . 321-7558
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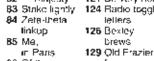


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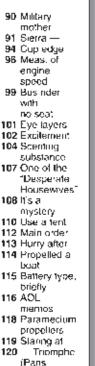
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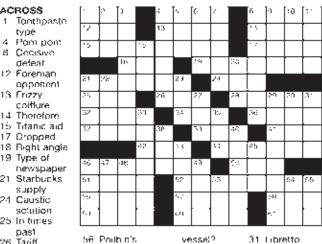






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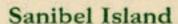
Find the listed words in the diagram. They rain in all directions forward, backward, up, down and diagonally

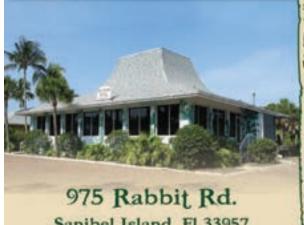
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